



**ASPEE NUTAN<sup>®</sup>**  
**ACADEMY**  
(AFFILIATED TO CISCE)

Nurturing dreams, Creating futures

# SCHOOL NEWSLETTER



*Expressions*  
*August 2025*



# Meet Our Team



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(Principal)



*Ms. Freda Almeida*  
(Senior Editor)



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*Mrs. Foram Shah*



*Ms. Jhanvi Sisangiya*



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*Ms. Charmi Sheth*



*Mrs. Tanushree Prajapati*



*Mrs. Ramya Menon*



*Ms. Petrea Dcosta*



*Mrs. Sangeeta Yadav*



*Ms. Sinny Parmar*



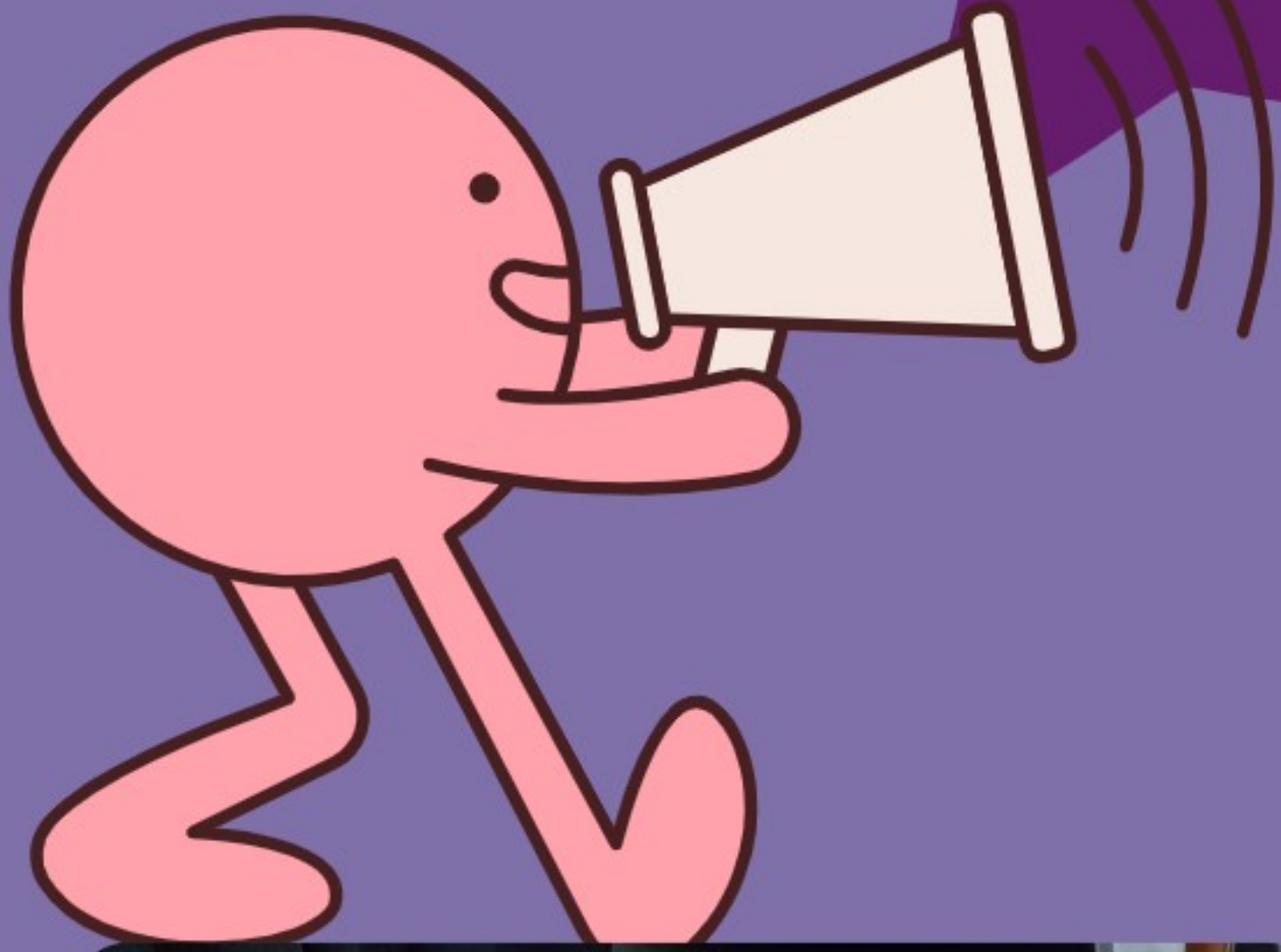
*Sr. Cristopher Britto*



*Mrs. Jainee Vadhar*



# BEYOND THE CLASSROOM



## *Tiny Feet, Big Dreams!*

From classroom to stage, one of our spirited Grade 2 girls has been twirling her way through the elegant world of Kathak for the past two years. With every ghunghroo-clad step, she's embraced the discipline and beauty of this classical dance form. This year, she took a big leap forward—appearing for her 1st Year Kathak exam—and passed with flying colours, earning a First Class! Her journey is an inspiring blend of grace, grit, and passion.

**Watch out—this little dancer is just getting started!**



**JIYAANA MAYAVANSHI, GRADE 2C**



# *India's Hidden Gems: Villages That Inspire!*

Mawlynnong, Meghalaya – The Cleanest Village in Asia



*"Cleanliness is not just an act here —  
it's a way of life."*

Tucked away in the lush green hills of Meghalaya, Mawlynnong is no ordinary village. Often called “*God’s Own Garden*,” it has earned global fame as the Cleanest Village in Asia, and rightly so. Every lane, every corner, every courtyard in Mawlynnong shines with the care and dedication of its people. What makes this village remarkable is that cleanliness is everyone’s responsibility.

From young children to elders, every resident plays their part. Bamboo dustbins line the streets, waste is carefully segregated, and even fallen leaves are promptly cleared. The community ensures that plastic is avoided, composting is encouraged, and pollution has no place here.

Mawlynnong is also special for its *matrilineal society* — property and family lineage pass through the mother, giving women a central role in both home and community life. This blend of tradition and progress makes the village a model of social harmony.

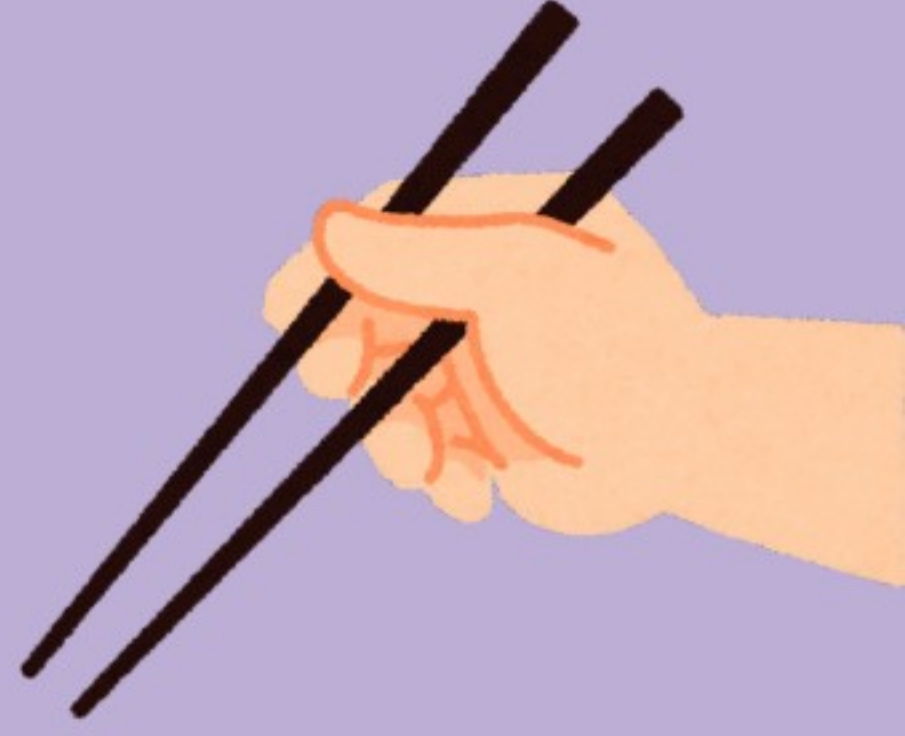
*“We do not wait for someone else to clean our surroundings — it is our duty,”* says a villager, reflecting the collective spirit of responsibility.

For visitors, Mawlynnong is more than just a scenic escape; it’s an eye-opening lesson in community-driven change. Tourists walk along spotless stone paths, stay in tidy bamboo homestays, and often leave inspired to adopt similar habits back home.

Mawlynnong shows us that true beauty lies not only in nature but in the respect we give it. It is proof that when people unite with discipline and pride, even the smallest of villages can shine brightly on the world map.



# CULTURE ON A PLATE



## TIRAMISU – A LAYERED ITALIAN DESSERT

*Tirami su in Italian means “pick me up” or “cheer me up”, referring to the energizing mix of coffee and cocoa.*

Historians trace tiramisu to the Veneto region (Treviso, near Venice).

Credited to the restaurant Le Beccherie in Treviso, where chef Roberto Linguanotto and pastry chef Francesca Valori (whose maiden name was Tiramisu!) created it in the late 1960s.

Designed as a modern dessert, unlike older Italian classics, combining espresso (symbol of Italian culture) with creamy mascarpone. In the 1970s–80s, it gained popularity across northern Italy and became a favorite in trattorias and home kitchens.

Its no-bake preparation made it easy to adopt and adapt. By the 1980s, tiramisu spread internationally, especially in the US and Europe, becoming a signature Italian dessert abroad.

Today, it's reinterpreted in many ways – cakes, ice creams, even cocktails – but the classic version remains iconic.

It represents modern Italian cuisine blending tradition with innovation.

Coffee, a cornerstone of Italian daily life, is at the heart of the dessert.

It is often served at family gatherings, celebrations, and restaurants, symbolizing comfort and indulgence.



# Act of Kindness

**We Should Always  
Help Others**



On my 12th birthday, my grandparents gave me a unique surprise. Early in the morning, they took me to a gau shala at Gorai, beautifully decorated with flowers. Feeding and serving the cows filled me with a pure and happy feeling, so different from usual birthdays.

Later, we visited a nearby old-age home, where we had organized breakfast and decorated the hall with balloons and ribbons. The elders welcomed us warmly, and their stories touched my heart.

Some said I reminded them of their grandchildren, and their happiness made me emotional. I realized how important it is to spend time with them and share love.

In the evening, I celebrated with my friends in the society—cutting the cake, playing games, and enjoying a lovely dinner.

This birthday was special because it was not just about celebrating but also about spreading happiness. I will always treasure it and wish to visit the gau shala and old-age home regularly to bring smiles to their faces.

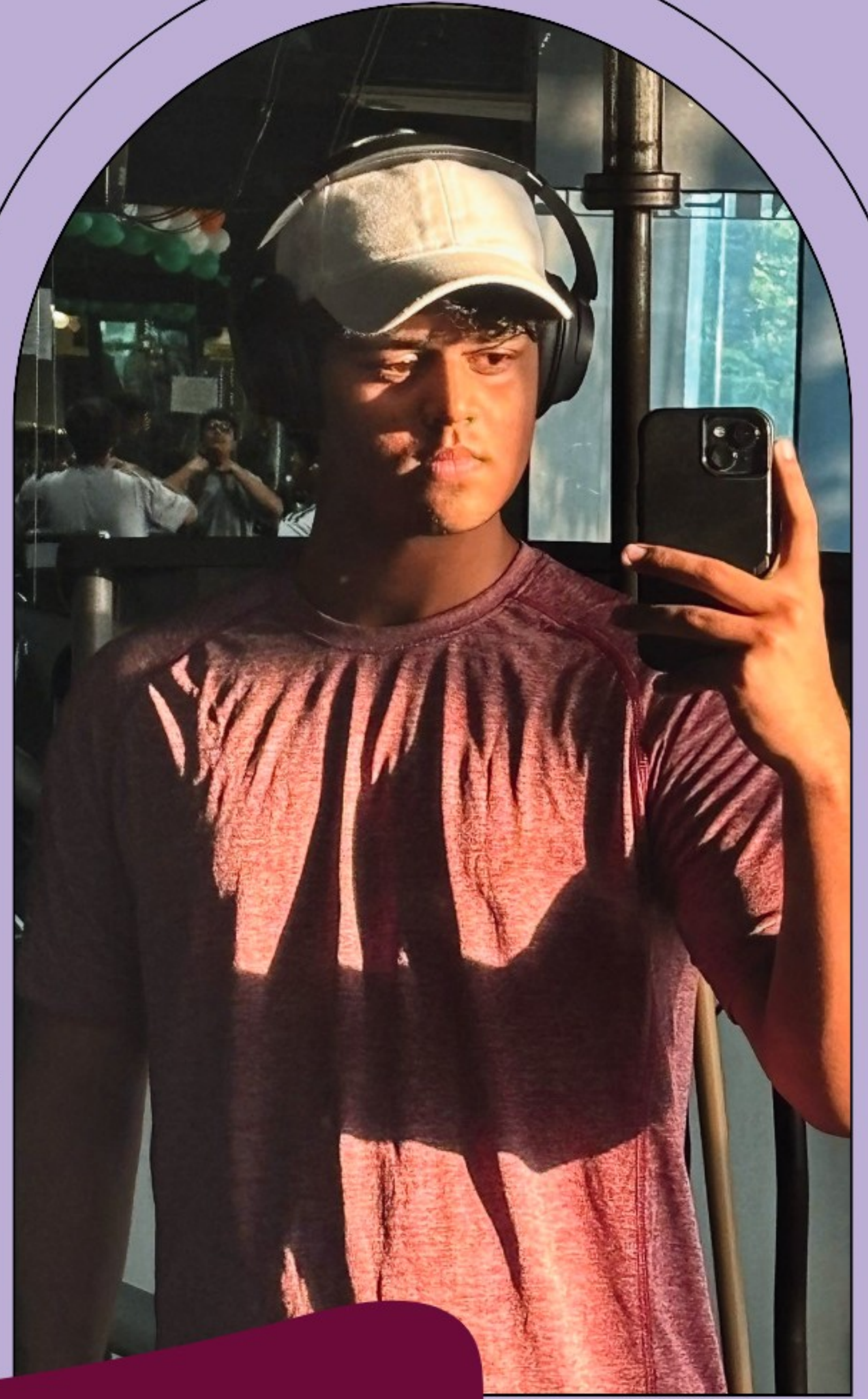
Reyansh Dayama

VII - D





# Meet Our Alumni



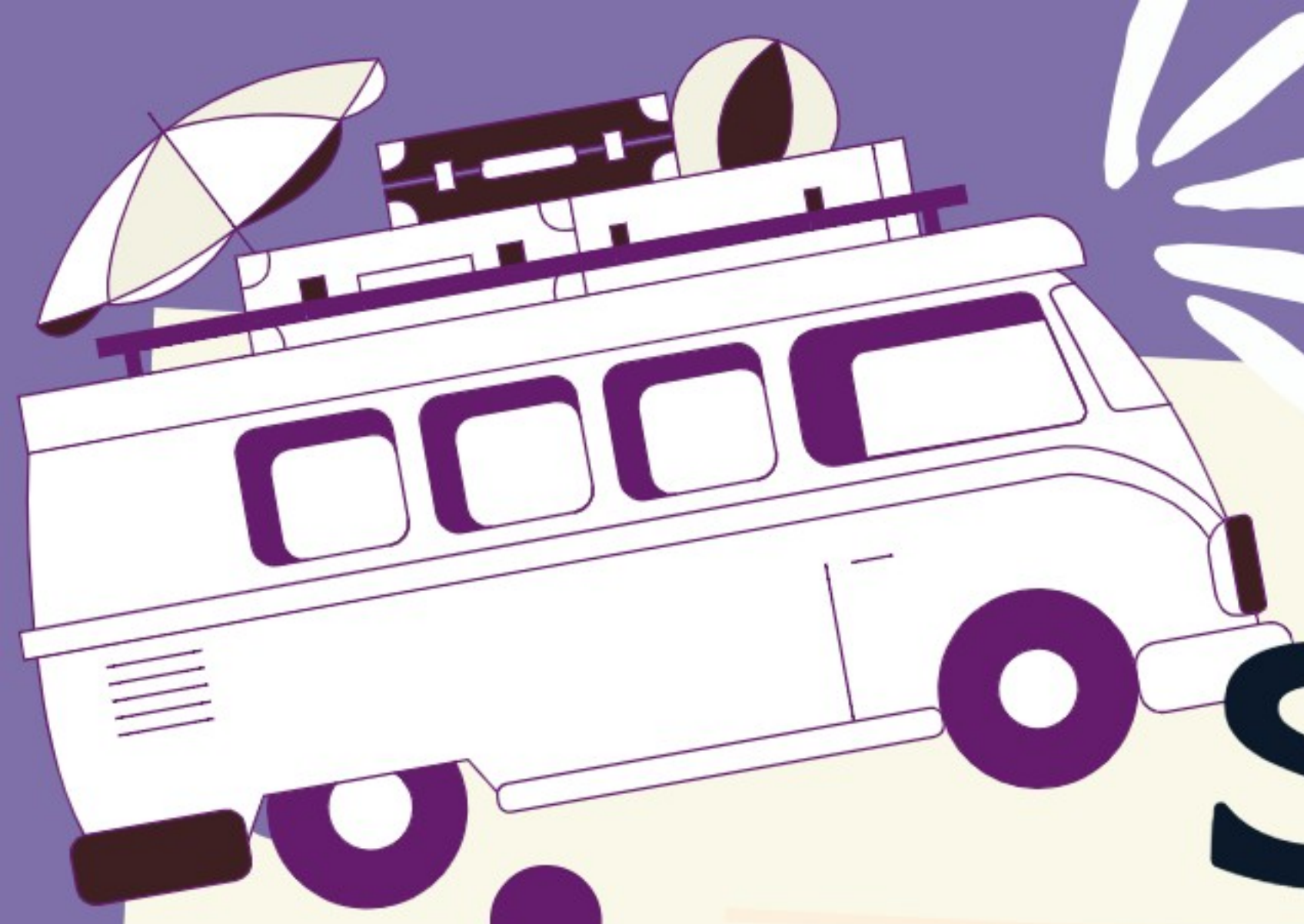
*Studying at Aspee nutan academy was truly an enriching experience. In school i learnt about setting standards for myself, being curious about everything, having absolute belief in my own abilities and so much more.*

*It contributed immensely to my growth as a person too; the opportunities i got to participate in competitions representing the school ar various levels groomed me for life. I was the major of the school band and the first headboy of ANA which taught me a great deal about leadership.*

*The belief and efforts of my teachers was a big factor involved in my board exam success. Looking back, i am glad i studied and grew up at ANA.*

**—Dhruv Dedhia**





# Student Diaries



**KHUSH SANGHAVI- 5A**

This vacation began with a memorable trip to Dubai with my family. From the Burj Khalifa to the Museum of the Future, Global Village, and the sparkling Gold Souk, everything left me amazed.

What impressed me most was how the city reflects teamwork, vision, and determination—teaching me that dreams truly come alive when matched with hard work.

After returning, I made sure my vacation was also about learning and growth. I completed a course in computer basics, progressed to Level 3 in Gujarati, and memorized 52 Sanskrit shlokas that connect me deeply to culture and tradition.

I also dedicated time to my passion- dance. I am learning Bollyhop, a fun and energetic style, and was excited to be featured as a model on my dance academy's website, which motivates me to keep improving.

This vacation was special because it gave me both experiences and achievements. It reminded me that whether through travel, learning, or creativity, every moment can shape us into better versions of ourselves.



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# ANA BOOK CLUB

## PRE- PRIMARY SECTION

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“A class trip to the zoo provides an exciting encounter with a lonely Giant Panda called Bo. It's a fun adventure where they learn about panda's, their habitats, and how to care for them. It's a perfect day for exploring, discovering, and having fun!”

Join, Glot meets Bo the Panda, where you also learn some fun facts about a panda. Whether you're just starting to read or want to practice more, this book is perfect for you. It's great for reading by yourself or with a grown-up or friend.



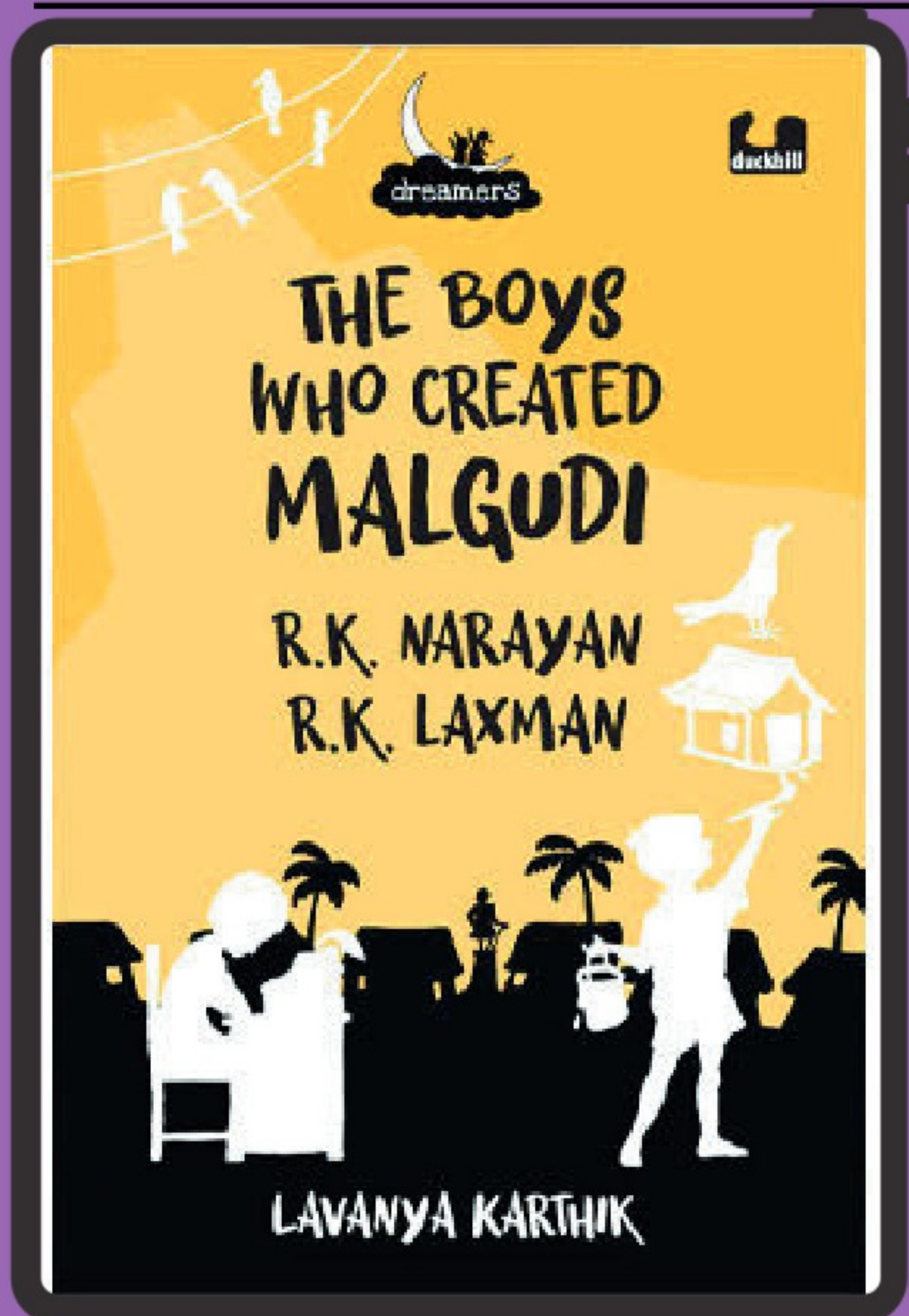
✨ **GOOD NEWS! YOU CAN FIND GLOT MEETS BO THE PANDA IN OUR SCHOOL LIBRARY!**



# ANA BOOK CLUB



## PRIMARY SECTION



"This book tells the true story of two brothers, R.K. Narayan and R.K. Laxman, who created the magical town of Malgudi using their imaginations. It shows how they grew up, played, and used their love for drawing and storytelling to invent a whole new world."

*Read this book to see how famous authors and artists start out! It's an inspiring story about how creativity and teamwork can lead to amazing things, showing that even simple ideas can become something special.*

**AVAILABLE NOW IN OUR SCHOOL LIBRARY – COME  
PICK YOUR FAVOURITE STORY TODAY!** 📖✨



# ANA BOOK CLUB

## SECONDARY SECTION



# THE GIRL WHO DRANK THE MOON

The Girl Who Drank the Moon is about Luna, a girl who gains magical powers after being accidentally fed moonlight as a baby. Raised by the witch Xan, she discovers her strength, learns the truth about her past, and uses courage and love to free her village from fear.

**AVAILABLE IN OUR SCHOOL LIBRARY.**



# TECH TIPS : AI TOOLS

Gemini

## What is GEMINI

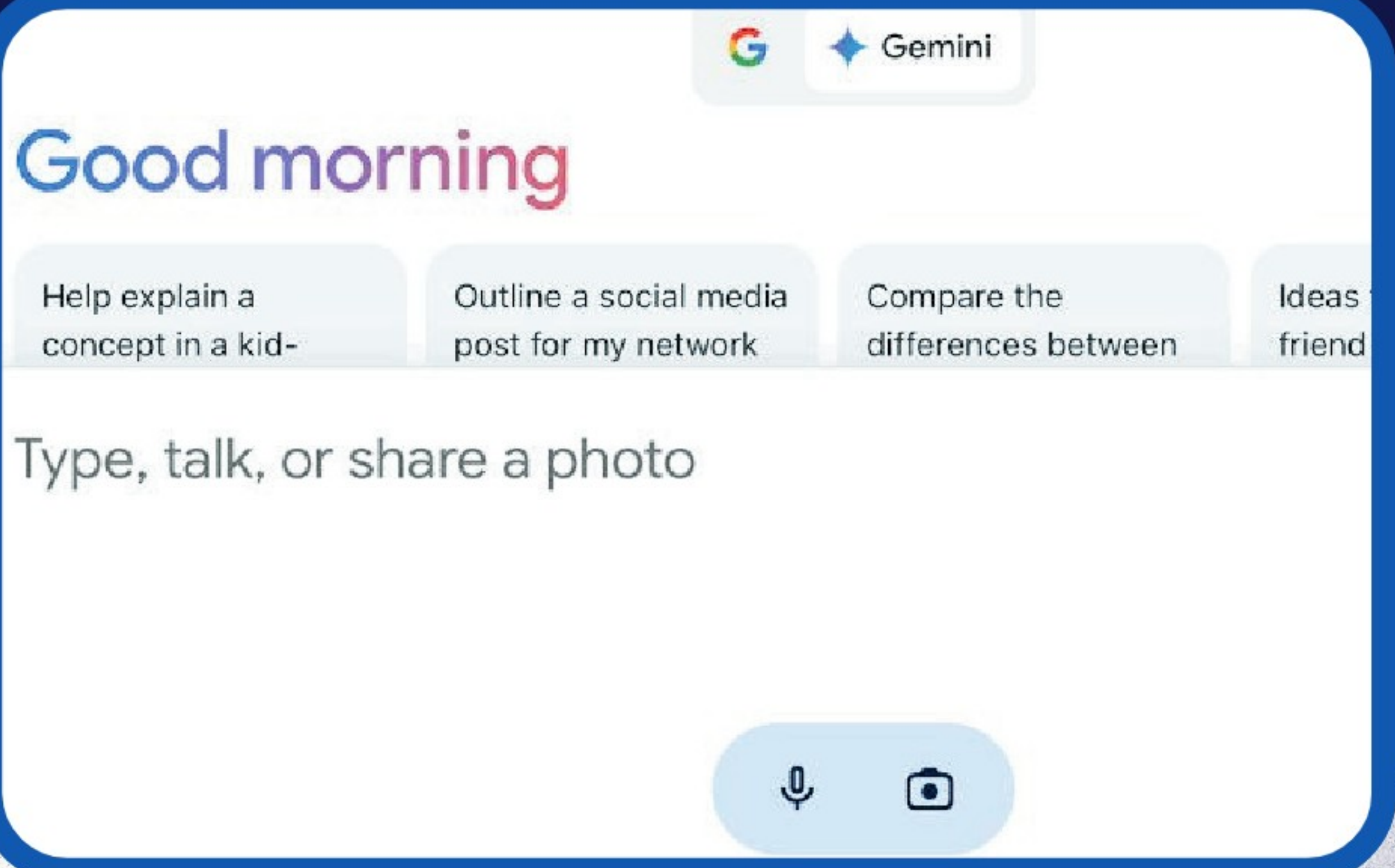
Gemini is Google's AI that answers questions, explains topics, and gives reliable information using the power of AI + Google Search.

## FEATURES

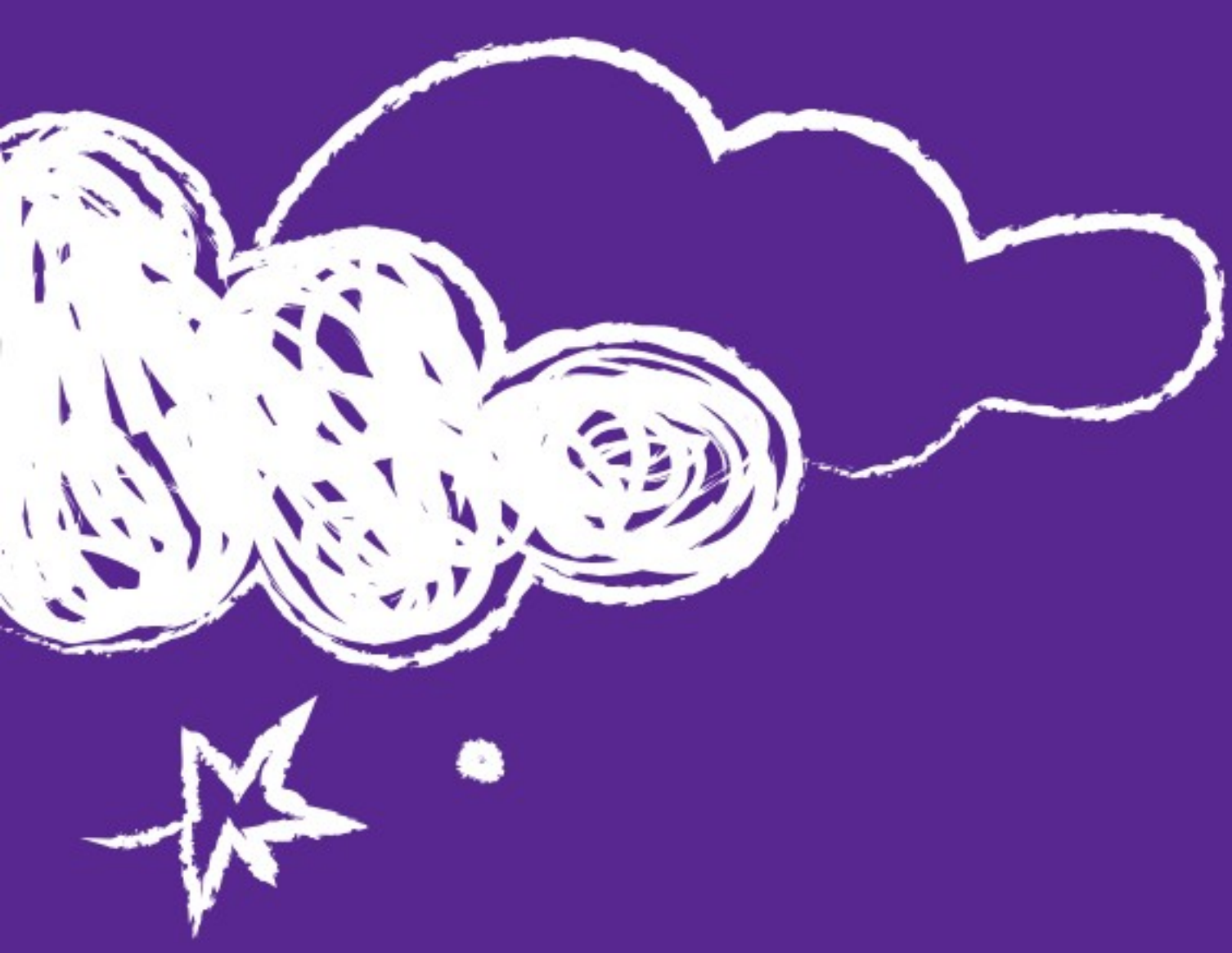
- Accurate answers
- Simple explanations
- Latest info
- Smart helper for projects

**“Try Gemini here”**

<https://gemini.google.com>







# Teacher's corner



## Dear students!

Dear students  
Do not hold me so high up, do not praise me  
Dear students  
Do not be impressed by me, Do not look up to me  
Dear students  
I have no friends, but you? You befriend me

This person has too many errors and flaws  
This person always gives you an applause  
This person makes mistakes, this person forgets  
This person has nothing, this person regrets

A drop of tear down your chin  
Is one thing I cannot see  
A glimpse of fear on your face  
Is something I won't believe

Math is simple as bread and butter and knife  
Have a lesson from me, but a lesson for life

You be the best of you  
Then see the rest of you

This friendship is short but deep  
Something to remember and keep  
Something that bothers me tonight  
Something that doesn't let me sleep

This friendship is like an arrow from the bow  
This friendship is like a well scripted show

Smiling faces make me smile  
Crying faces make me cry

Cry, not today though  
Cry, when we depart  
Cry, when you lose this friend  
Cry, when it is the end  
Cry, as much as an ocean  
Cry, when I won't be there to see



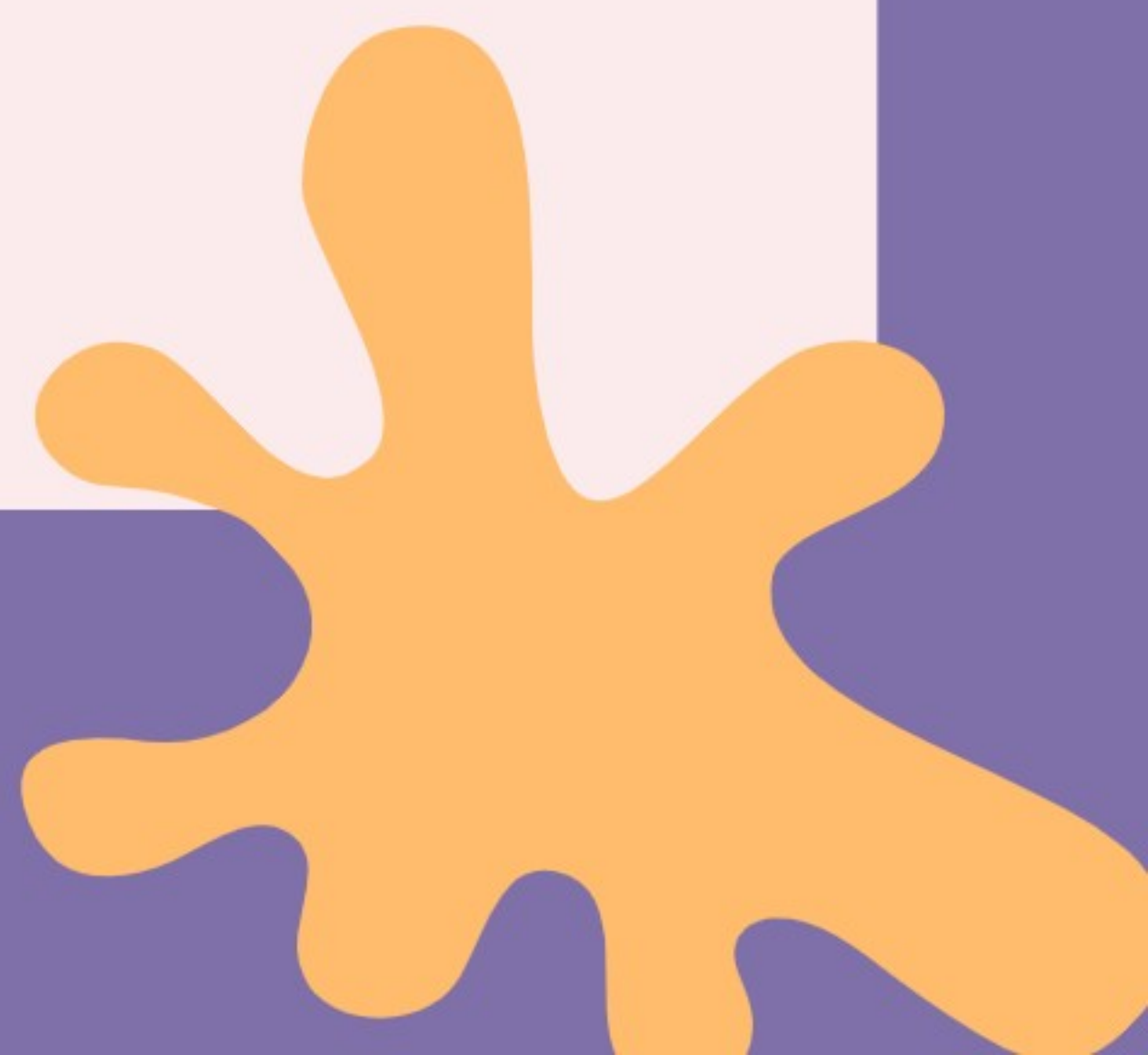
Mr. Ismail Nakhwa  
IBCP Math teacher



# Art Corner



Prayan Vora  
Grade : 5 E





# Art Corner



Priyanshi Bayani  
Grade : 3 B

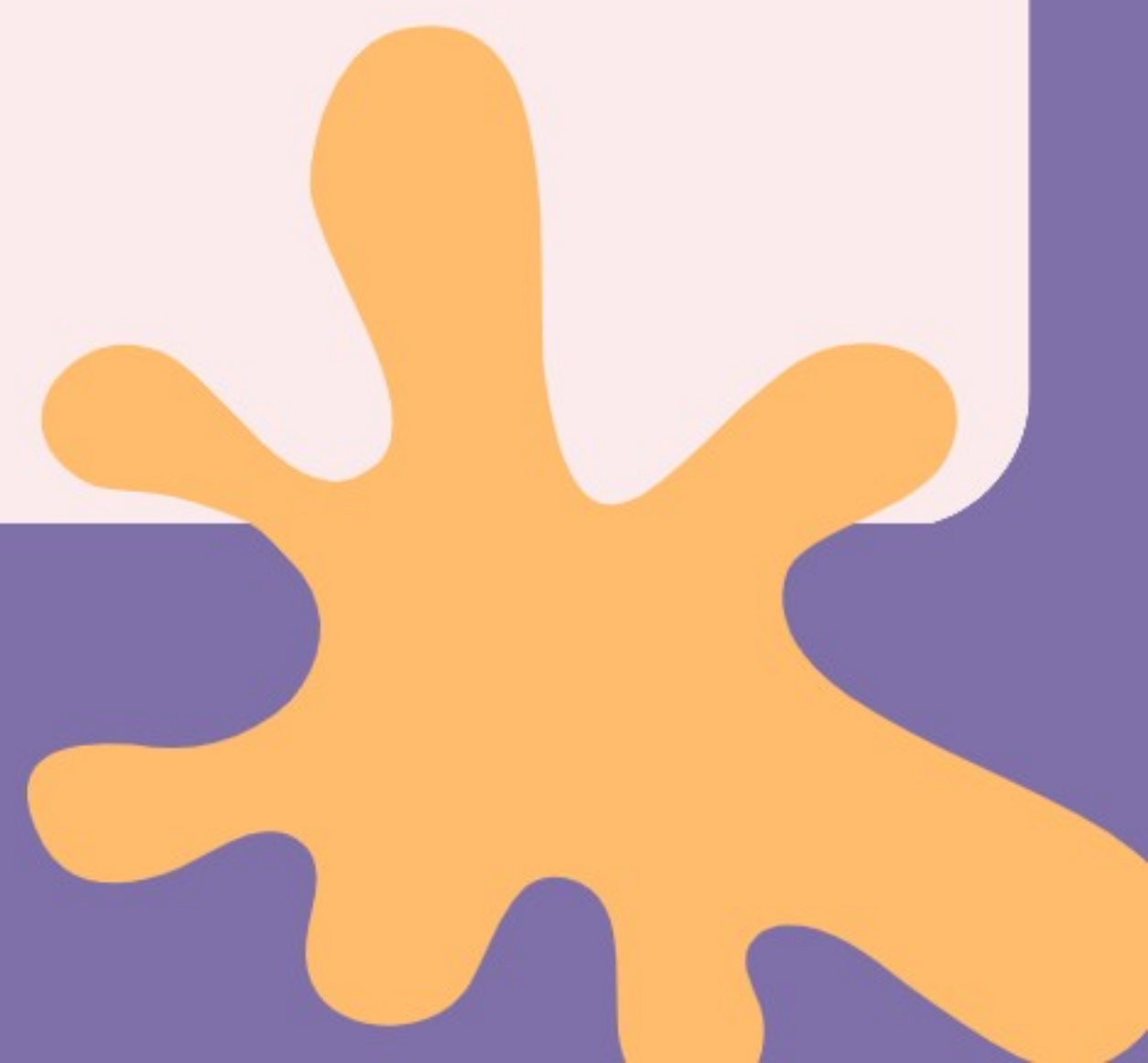




# Art Corner



Khushi Baleshwaria  
Grade : 5 E





# Activity Alley



🐙 “Trending today – the amazing octopus, a sea wonder with brains, arms, and tricks!”



♟️ “What’s trending – young minds making big moves, just like India’s youngest chess star!”



“Trends are not just news, they are the voice of the moment.”



# Activity Alley



“Our little ones learned the importance of saving tigers by witnessing a scene that showed the sad truth of hunting.”



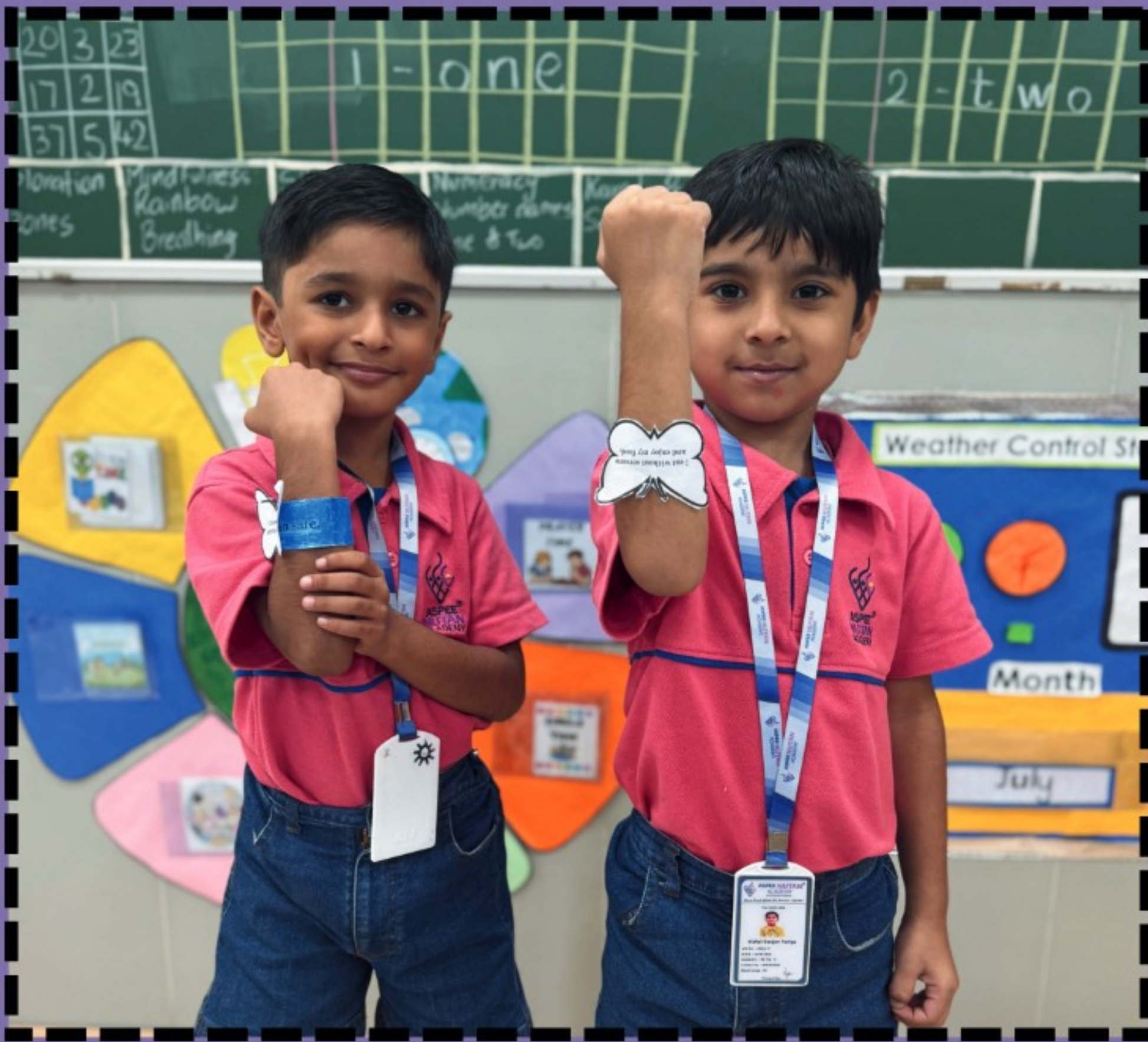
“Little artists left their mark with tiger handprints to celebrate International Tiger Day.”



“Save the tiger, don't let it disappear — it's our jungle's dear!”



# Activity Alley



"Little ones proudly wear their Digital Safety Bands, showing how they balance screen time with healthy habits every day!"



"Stay safe and smart—protect your eyes, your mind, and your time by limiting screen use!"



# Activity Alley

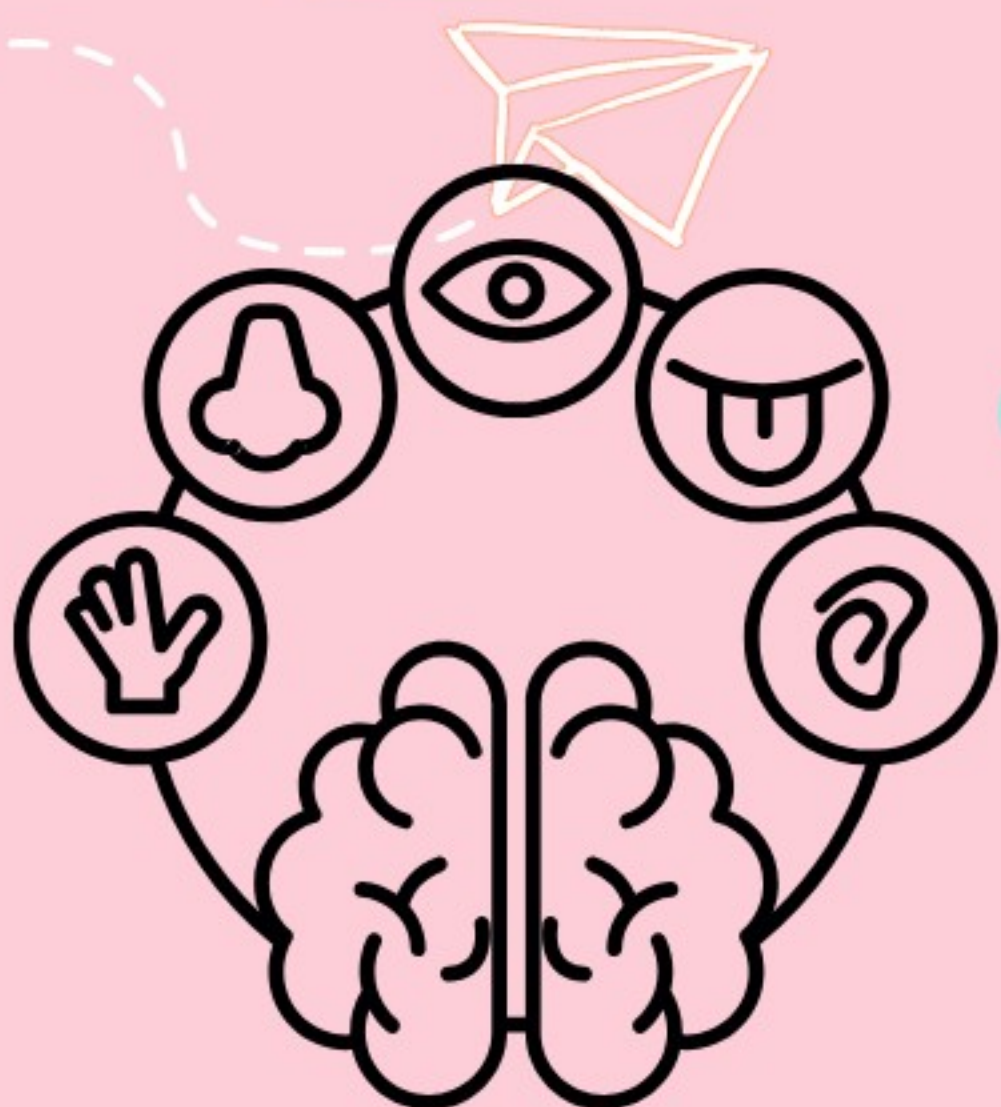


“Curious eyes at work—  
exploring the world through  
binoculars, mirrors,  
magnifying glasses, and  
torches!”

”



“Little taste explorers  
discover the magic of sweet,  
salty, sour, and spicy!”



“Every sense is a superpower—  
let’s explore and play!”



# Activity Alley



“Creativity served fresh – our young minds squeezed out joy with their lemonade craft!”



“Grooving to beats, our little stars celebrate ‘Me and My Body’ with joy and rhythm!”

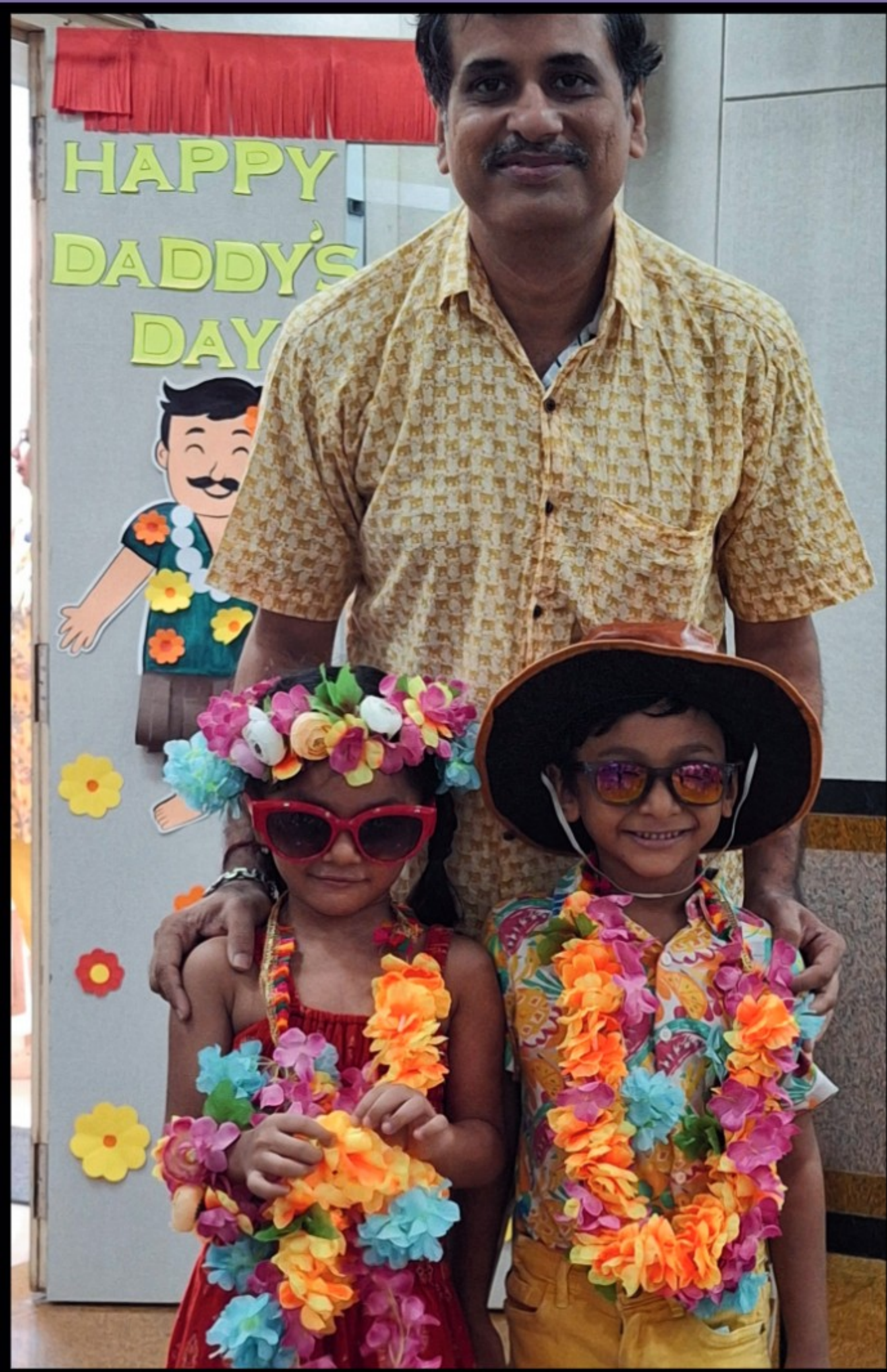


“Exploring, creating, and discovering—one theme, many ways to learn!”



# Eventful Moments!

## Pre - Primary Section - Common Event Daddy's Day





# Eventful Moments!

## Pre - Primary Section (Nursery) Janmashtami Celebration





# Eventful Moments!

## Pre - Primary Section (Nursery) Rakshabandhan Celebration





# Eventful Moments!

## Pre - Primary Section (Nursery) Independence Day





# Eventful Moments!

## Pre - Primary Section (Nursery) Ganpati Celebration





# Eventful Moments!

## Pre - Primary Section (Nursery) Bus Drill





# *Eventful Moments!*

## Pre - Primary Section (Jr. kg) Janmashtami Celebration





# Eventful Moments!

## Pre - Primary Section (Jr. kg) Independence Day





# Eventful Moments!

## Pre - Primary Section (Jr. kg) Ganpati Celebration





# Eventful Moments!

## Pre - Primary Section (Jr. kg) Rakshabandhan Celebration





# Eventful Moments!

## Pre - Primary Section (Jr. kg) Bus Drill





# Eventful Moments!

## Pre - Primary Section (Sr. kg) Janmashtami Celebration





# Eventful Moments!

## Pre - Primary Section (Sr. kg) Independence Day





# Eventful Moments!

## Pre - Primary Section (Sr. kg) Ganpati Celebration





# Eventful Moments!

## Pre - Primary Section (Sr. kg) Bus Drill





# Eventful Moments!

## Primary Section Eclectics Grade 1





# *Eventful Moments!*

## Primary Section Eclectics Grade 2





# Eventful Moments!

## Primary Section Eclectics Grade 3





# Eventful Moments!

## Primary Section Eclectice Grade 4





# *Eventful Moments!*

## Primary Section Eclectics Grade 5





# *Eventful Moments!*

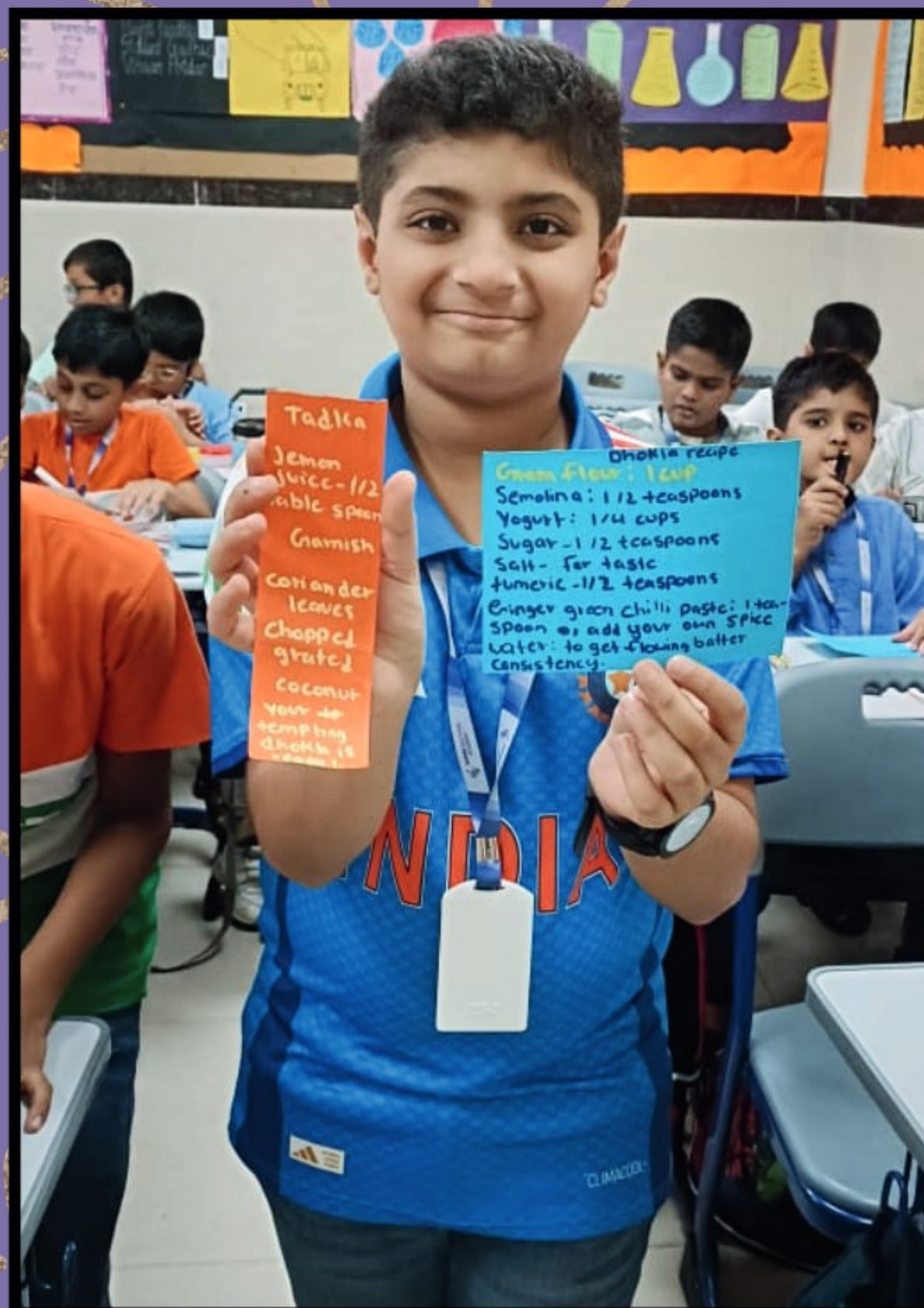
## Primary Section Field Trip - Grade 5 - Pagoda





# Eventful Moments!

## Primary Section Independence Day Celebration





# *Eventful Moments!*

## Primary Section Fire Drill





# Eventful Moments!

## Primary Section ACE Day





# Eventful Moments!

## Primary Section Book Fair





# Eventful Moments!

## Secondary Section Eclectics Grade 6





# *Eventful Moments!*

## Secondary Section Eclectics Grade 7





# Eventful Moments!

## Secondary Section Eclectics Grade 8 & 9





# *Eventful Moments!*

## Secondary Section Independence Day





# *Eventful Moments!*

## Common Event Independence Day







*Thank you*