



ASPEE NUTAN[®]
ACADEMY
(AFFILIATED TO CISCE)

Nurturing dreams, Creating futures

SCHOOL NEWSLETTER



Expressions

February 2026

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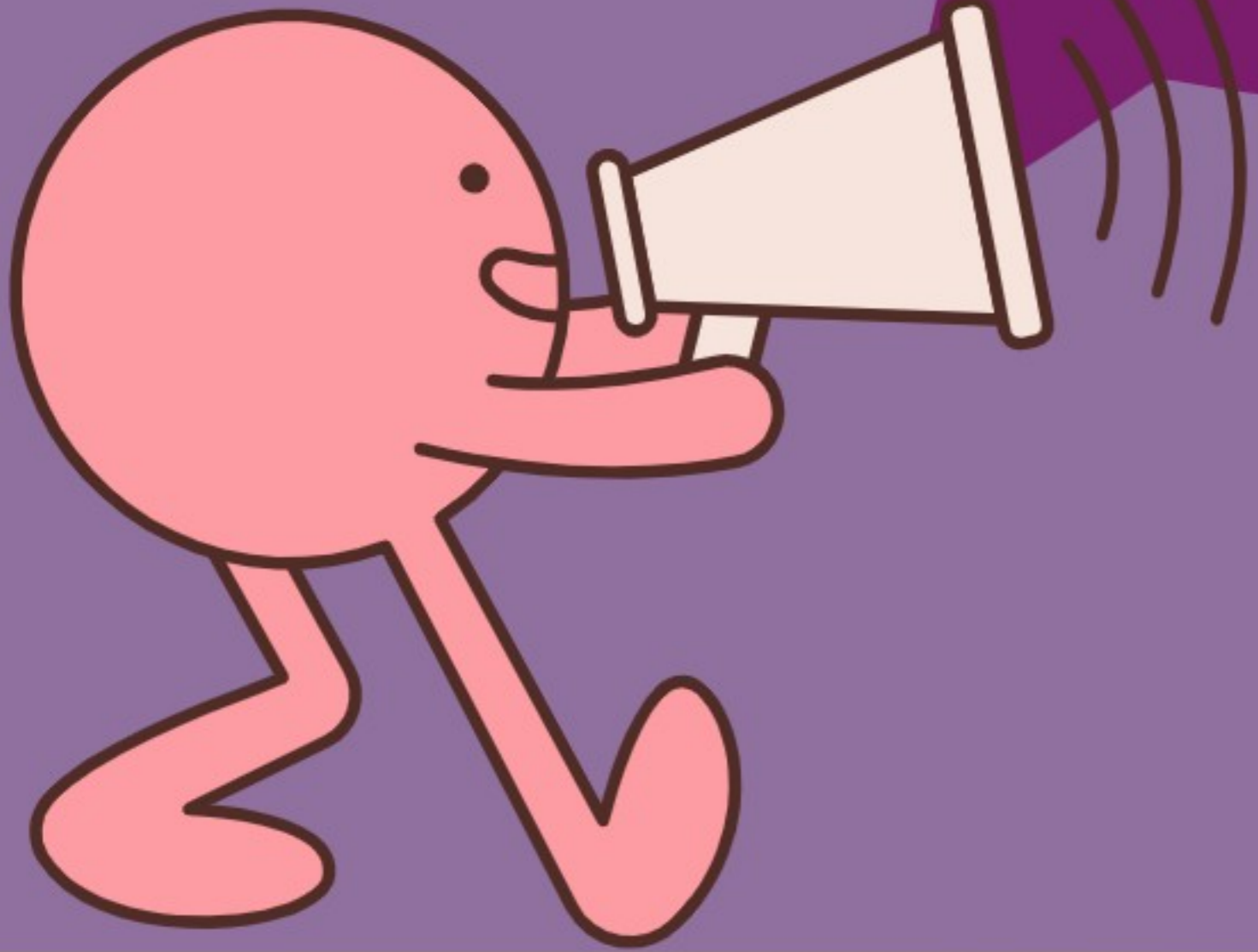


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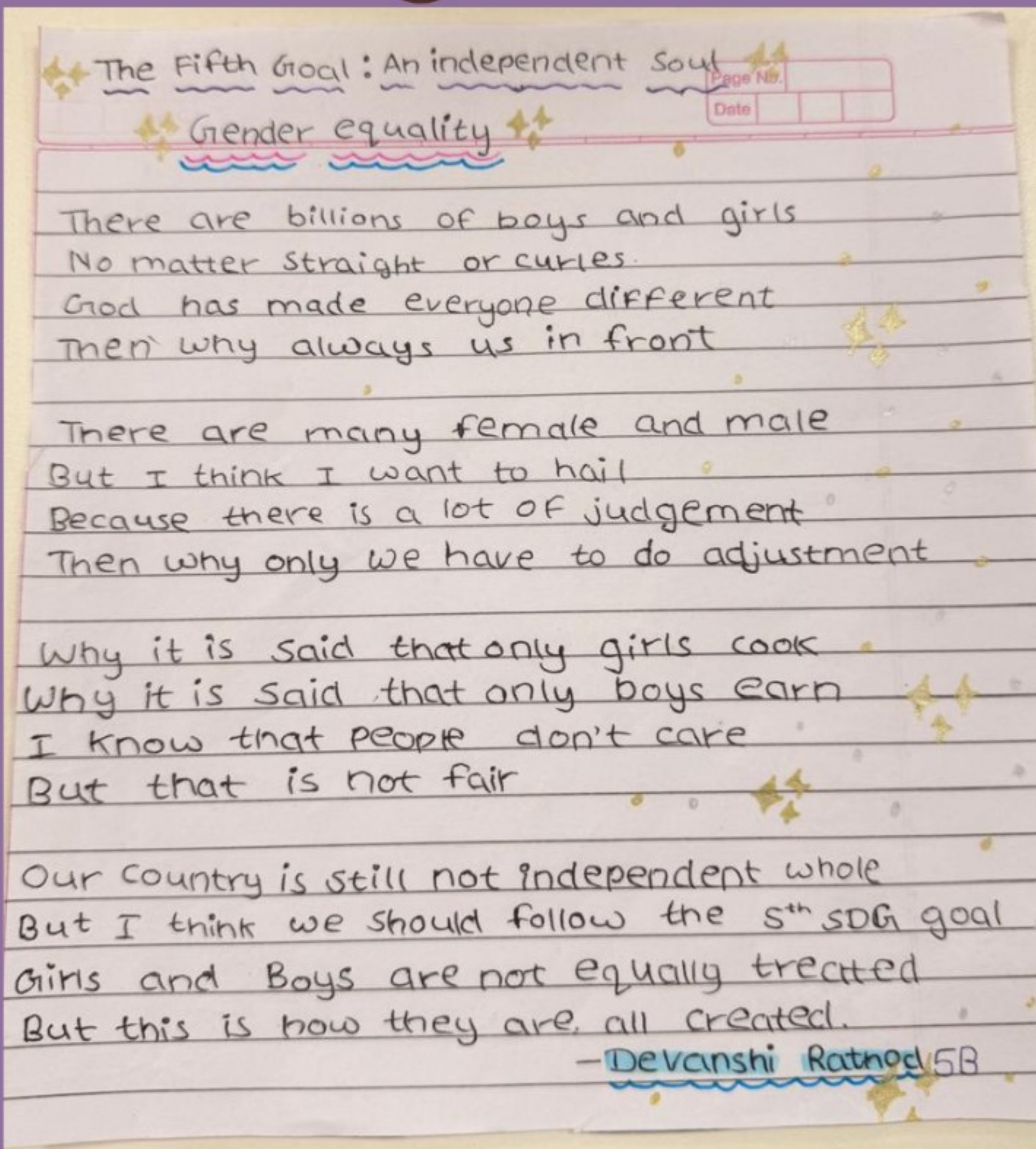
BEYOND THE CLASSROOM



Little Poet, Big Thoughts

During the RF21 period, a Grade 5 student beautifully expressed her creativity by sharing a thoughtful poem on gender equality. With confidence and clarity, she presented her own writing and reflected on the importance of equality and respect for everyone.

Her poem carried a powerful message and showed how words can inspire positive change. It was truly wonderful to see such a young writer using her creativity to express meaningful ideas. We encourage her to keep reading, keep writing, and continue sharing her inspiring thoughts with the world.



DEVANSHI RATHOD - 5B

India's Hidden Gems: Villages That Inspire!

Nichi, Arunachal Pradesh – A Village of Indigenous Flavours



“True progress respects the wisdom that has nourished generations.”

Tucked away in the verdant hills of Arunachal Pradesh, Nichi is a village where food is more than nourishment — it is heritage. Known for safeguarding indigenous farming and culinary traditions, the community continues to practice methods that have sustained generations.

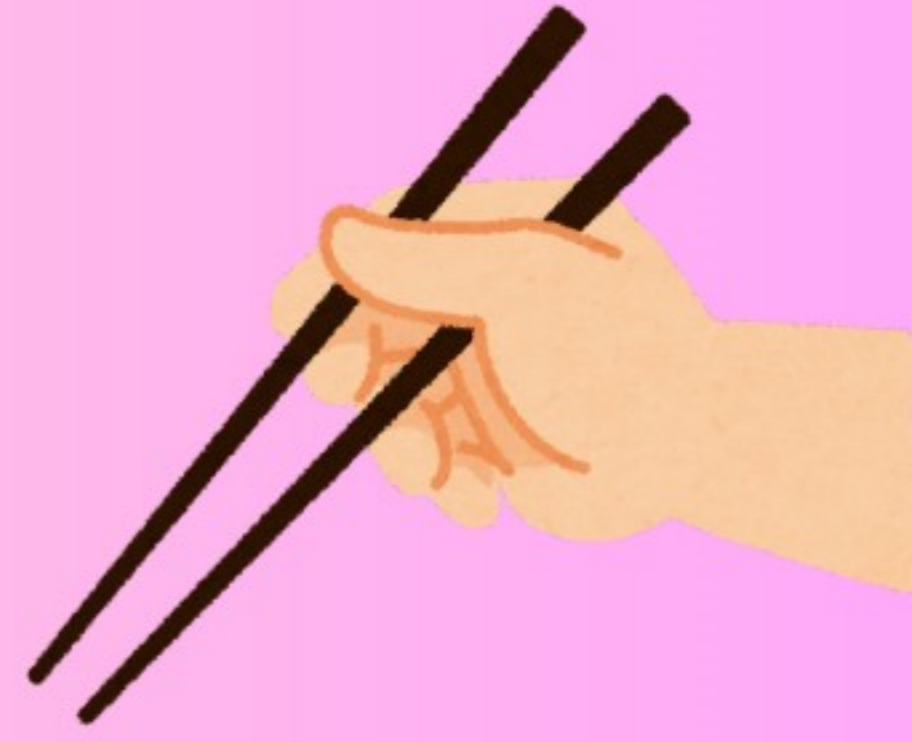
In Nichi, agriculture reflects deep cultural wisdom. Families cultivate native rice varieties, seasonal vegetables, and medicinal plants suited to the land’s natural rhythm. Knowledge is not recorded in manuals but shared through observation, storytelling, and daily practice. Women play a vital role in preserving traditional seeds and preparing recipes that carry the flavours and memories of the region. What sets Nichi apart is its mindful resistance to losing authenticity. Instead of replacing age-old practices with convenience, the villagers choose continuity. Their approach strengthens biodiversity, supports healthier lifestyles, and reinforces strong community ties. Nichi reminds us that progress does not always mean change — sometimes it means protecting what already sustains us.



- Many indigenous farming methods in Arunachal Pradesh naturally promote soil fertility without heavy chemical use.
- Traditional homes are often climate-responsive, built to stay warm in winters and cool in summers.



CULTURE ON A PLATE



Macaron

Macaron is a delicate French sweet made from almond flour, egg whites, and sugar. It was introduced to France from Italy in the 16th century.



The macaron did not originally start in France.

It is believed to have been introduced from Italy in the 16th century when Catherine de' Medici married King Henry II of France in 1533. Italian chefs brought almond-based cookies called maccherone to France.

At that time, macarons were simple almond meringue cookies—crispy outside and soft inside—but they were single cookies, not sandwich-style.

In the 18th century, macarons became popular across France.

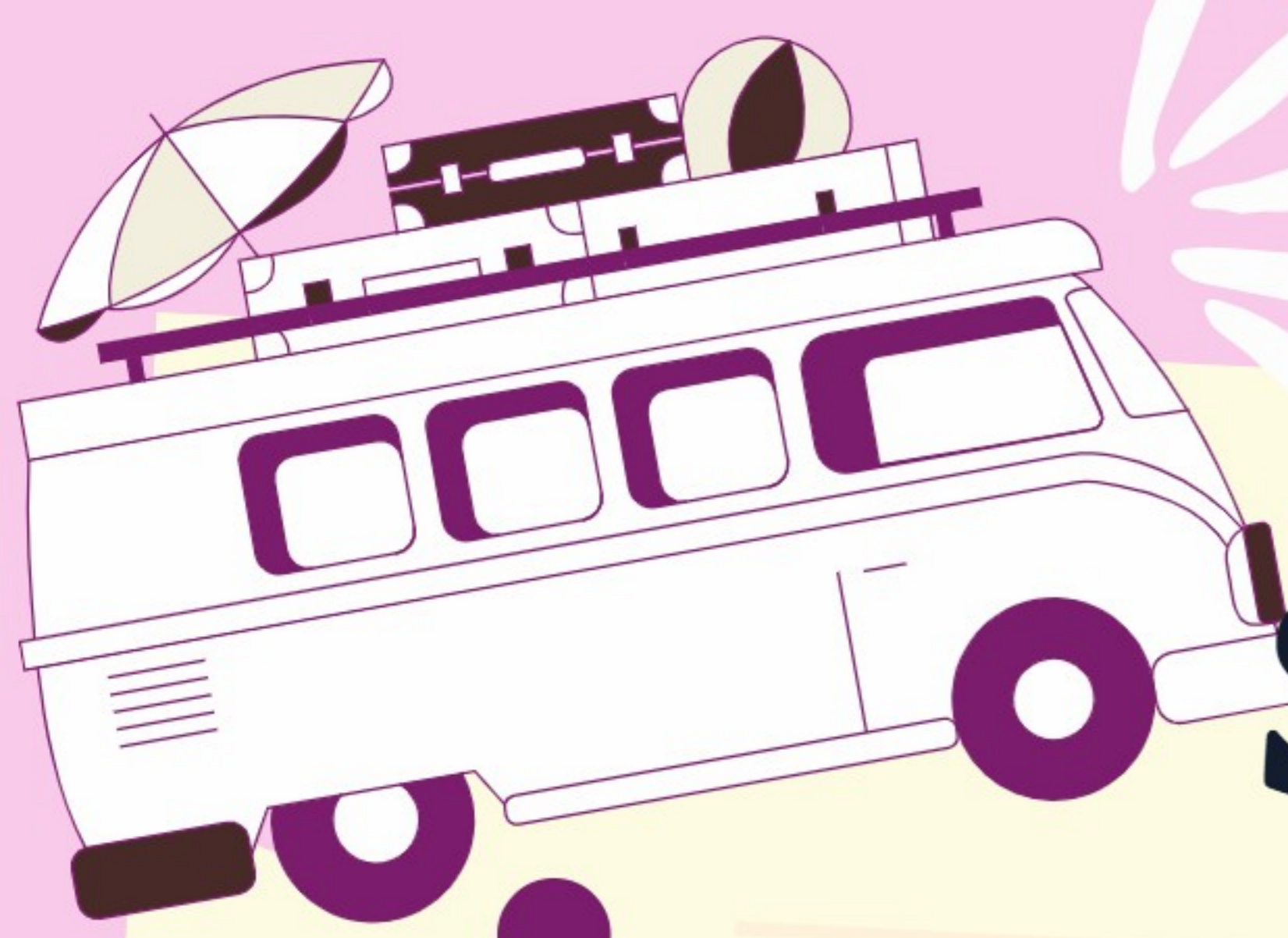
During the French Revolution, two nuns in the town of Nancy baked and sold macarons to survive.

They became known as the “Macaron Sisters.”

The modern sandwich-style macaron, with two shells and a creamy filling in between, was created in the early 20th century by the Parisian bakery Ladurée.

This version became famous worldwide.

Today, macarons come in many flavors and colors and are considered a symbol of elegant French pastry.



Student Diaries

My Unforgettable School Trip



I recently went on a school trip to Aurangabad, and though it was a short visit, it turned out to be an unforgettable and enriching experience. Travelling with my friends made the journey lively and full of laughter and we were all excited to explore the historical wonders the city had to offer.

KASHYAP VADIYA-5A

One of the most breathtaking places we visited was Bibi Ka Maqbara, famously known as the “Mini Taj.” The monument looked absolutely stunning in its white marble, shining beautifully under the sunlight. Surrounded by well-maintained gardens, the entire place had a calm and charming atmosphere. As we walked through the pathways, admiring the fine details of its architecture, I felt both amazed and proud of our rich heritage.

We also saw one of the oldest and most majestic trees, standing tall as if it had witnessed centuries of history. It was fascinating to imagine how many stories it must hold within its strong branches. Another highlight of the trip was our visit to Panchakki, the historic water mill. I was truly impressed to learn how water power was cleverly used to operate the mill in earlier times. It showed us how advanced and thoughtful people were even without modern technology.

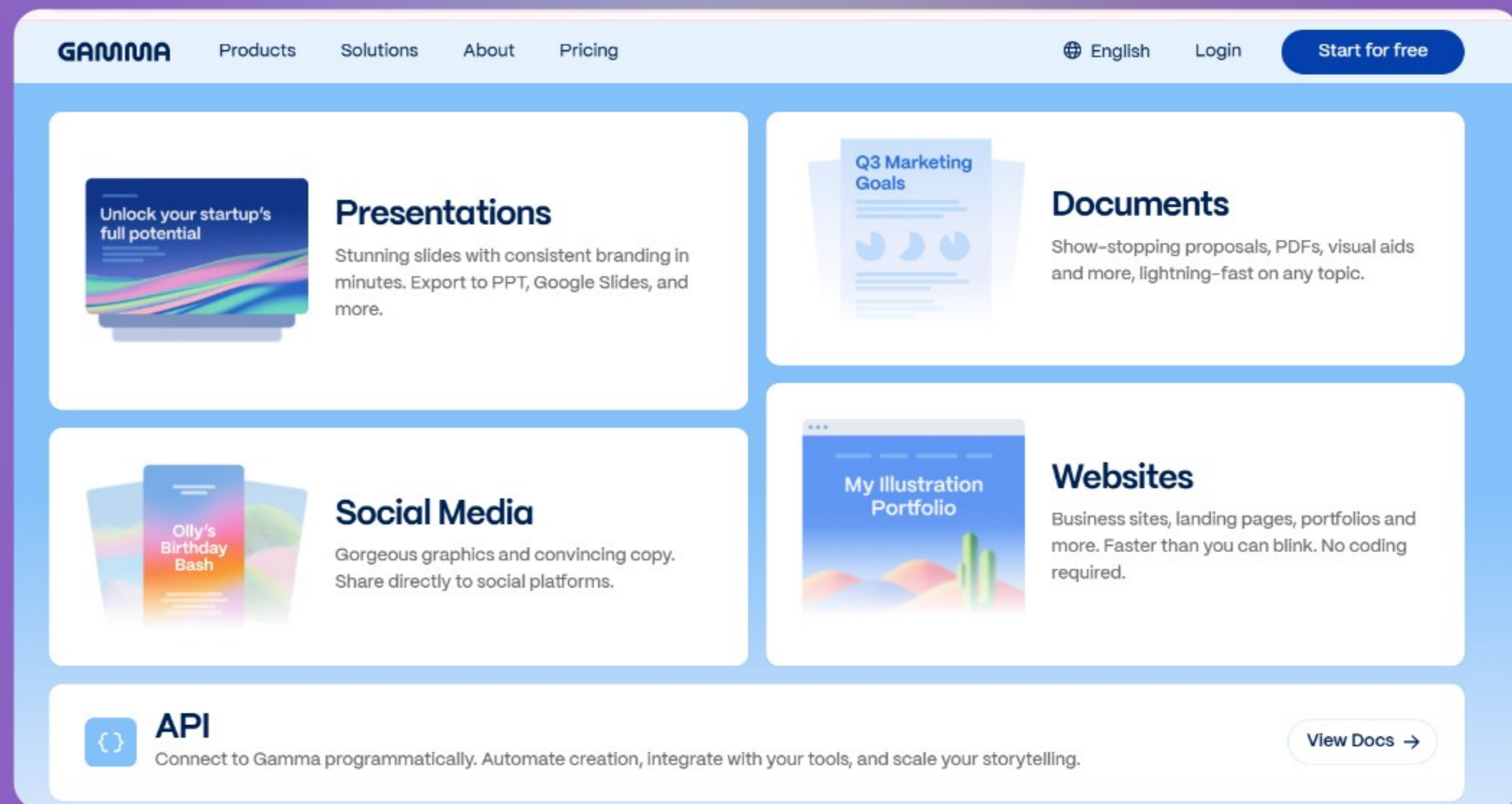
Although the trip was brief, it was filled with learning, excitement, and memorable moments with my friends. I returned home with a deeper appreciation for history and innovation. This visit to Aurangabad was not just a picnic, but a wonderful journey into the past that I will always cherish.

TECH TIPS : AI TOOLS

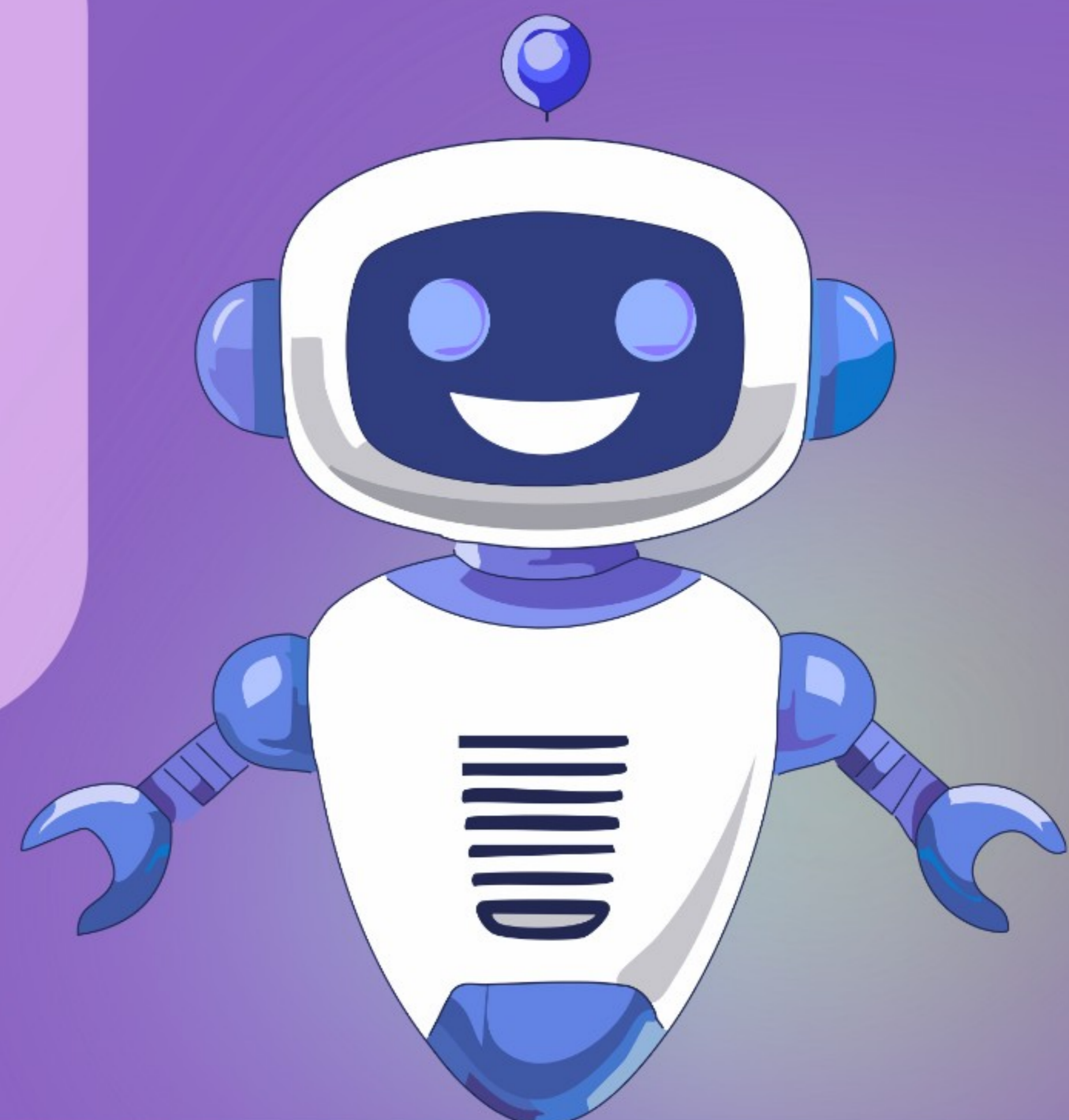


GAMMA : AI

AI design tool that creates professional slide decks, documents and websites from single text prompt.

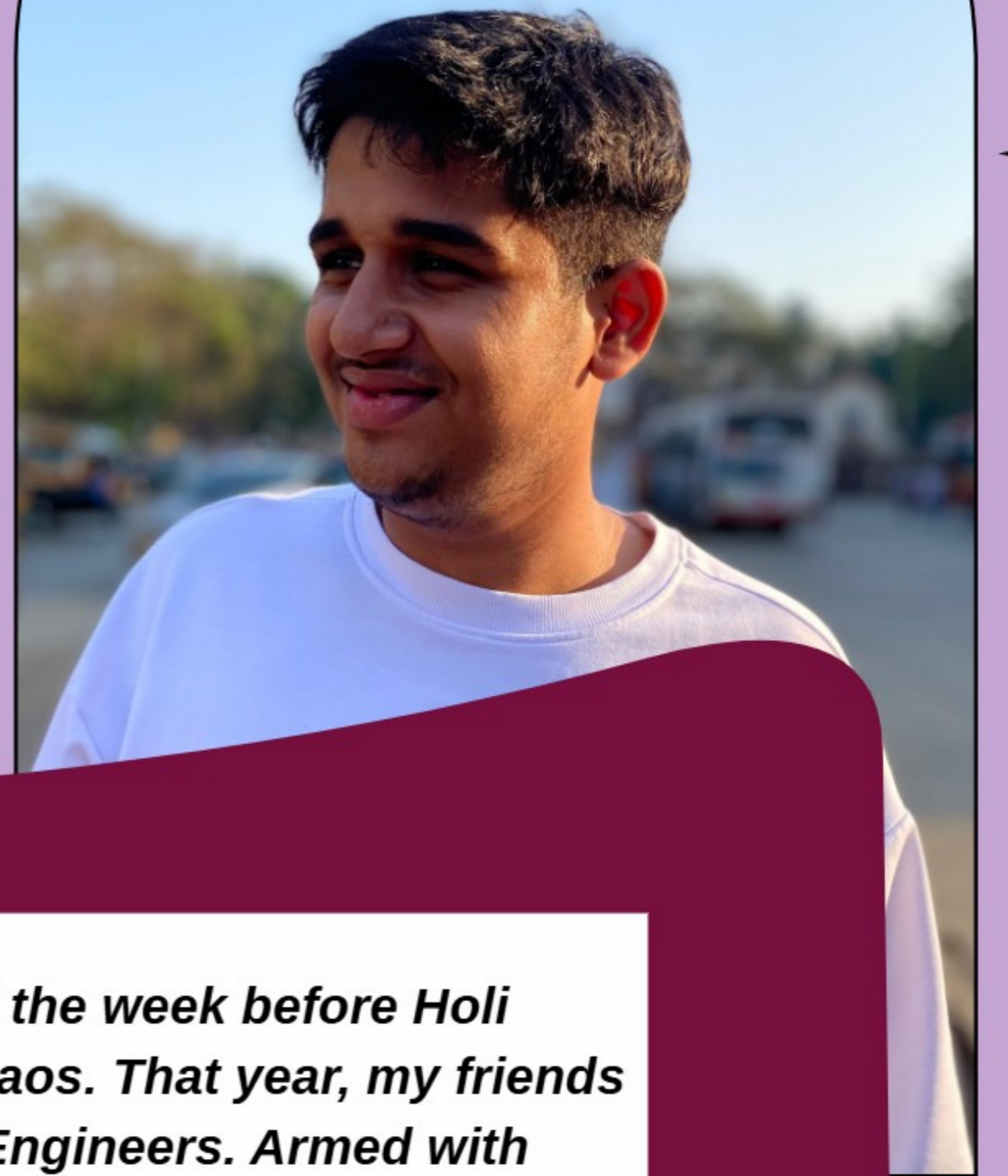


- ✓ Instant Outlines
- ✓ One-click styling
- ✓ Interactive slides
- ✓ Saves hours



<https://gamma.app/>

Meet Our Alumni



I was in Grade 8 at Aspee Nutan English Medium School, and the week before Holi always turned otherwise decent boys into masterminds of chaos. That year, my friends and I decided we were no longer mere students but Festival Engineers. Armed with buckets, stolen from home balloons, and absolutely zero wisdom, we filled what felt like 500 water balloons on the terrace near the staircase. The plan was simple wait for unsuspecting children and innocent parents walking past the school gate and fire. The first balloon landed perfectly, splash. A small boy looked up, shocked. The second hit a father's shoulder. Soon it was raining from above like the monsoon had arrived early and chosen only our street. We were laughing so hard we nearly fell over until someone yelled that Sir was coming. We froze. Too late. Our greatest mistake was that we had proudly applied Holi colours earlier that day. Our nails were bright pink and green, glowing like evidence in a crime show. And there he stood, our principal, the legendary Solomon Sir, calm, silent, terrifying. He did not shout, and that was worse.

Within minutes, our festival of joy transformed into a festival of regret. Solomon Sir looked at our colourful nails and said quietly, very artistic, also very guilty. We were immediately caught, marched to the office like defeated warriors, and given a punishment more painful than any scolding writing I will not do this again 100 times. By the 47th time, my hand felt like it had aged 80 years. By the 83rd time, I began questioning my life choices. By the 100th, I had achieved spiritual enlightenment. As I wrote, I kept thinking about the little boy's shocked face and the irritated parents. Holi is about spreading colour and happiness, not surprise attacks from rooftops. That day I learned that fun without thought becomes trouble, and mischief without responsibility becomes embarrassment. Even now, whenever I see water balloons, I do not think of throwing them, I think of Solomon Sir, my aching fingers, and the bright pink nails that betrayed us. And honestly, that lesson stuck better than any textbook chapter ever did.

– **Kavya Bhavesh Bhanushali**



Teacher's Corner



The Quiet Bloom

It begins on an ordinary morning – unfinished homework, sleepy faces, and a confident, “Ma’am, today I’ll definitely answer.” By the end of the year, that promise quietly transforms into performance.

Somewhere between nervous laughter and determined effort, something begins to shift.

A classroom is filled with unnoticed transformations. The shy student speaks a little louder. The hesitant writer dares to add one more paragraph. The child who once feared mistakes now treats them as stepping stones. Even the most stubborn comma finally finds its rightful place.

There are familiar moments too – forgotten notebooks, hurried revisions, and explanations that begin with, “Actually...” Yet beneath the routine chaos, resilience takes root.

Growth is not loud. It does not announce itself. It unfolds slowly, almost invisibly, until one day confidence stands where doubt once lingered. And perhaps the most beautiful truth is this – while students believe they are preparing for examinations, they are quietly preparing for life. Long after marks are forgotten and notebooks closed, the courage to try, to rise after failure, and to believe in themselves will remain.

And in that lasting strength lies a teacher’s greatest joy.



Ms. Winny Edwin
Secondary Teacher (ICSE)

Act of Kindness

**We Should Always
Help Others**



My name is Neev Nitin Lodha. Every year on my birthday, instead of celebrating only with friends, I celebrate with poor and needy people. I give them food and chocolates. Seeing their happy faces makes me feel very happy.

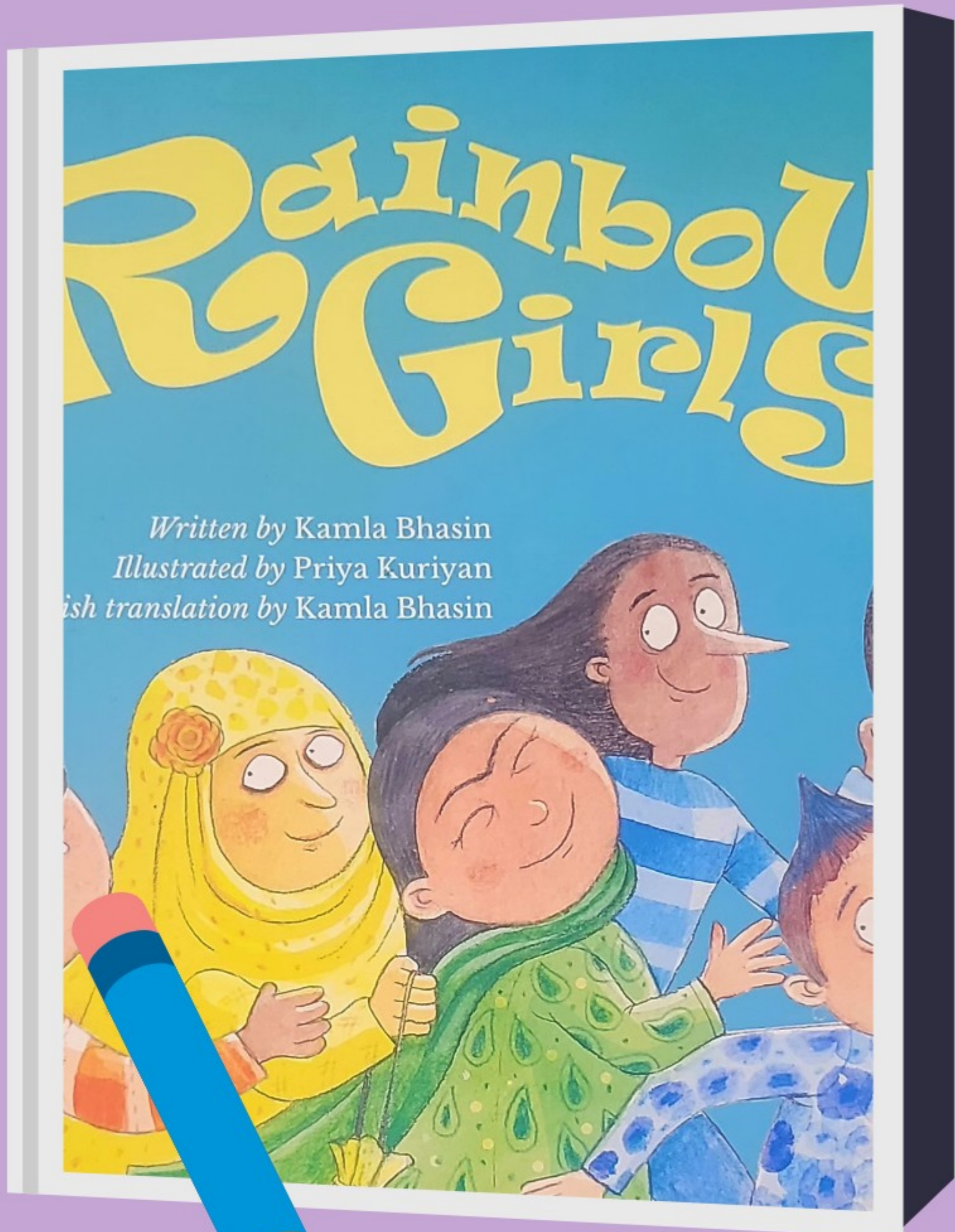
My mother helps me in this good deed. I will continue to spread happiness every year.



**-Neev Lodha
VII -D**

ANA BOOK CLUB

PRE- PRIMARY SECTION



A RAINBOW HAS MANY BEAUTIFUL COLORS, AND EACH COLOR IS DIFFERENT. IN THE SAME WAY, EVERY GIRL AND EVERY BOY IS UNIQUE, WONDERFUL, AND IMPORTANT IN THEIR OWN WAY.

“Rainbow Girls” is a joyful reading book that celebrates how every child is bright and special, just like a rainbow. It makes reading fun and helps children learn new words in a happy way.

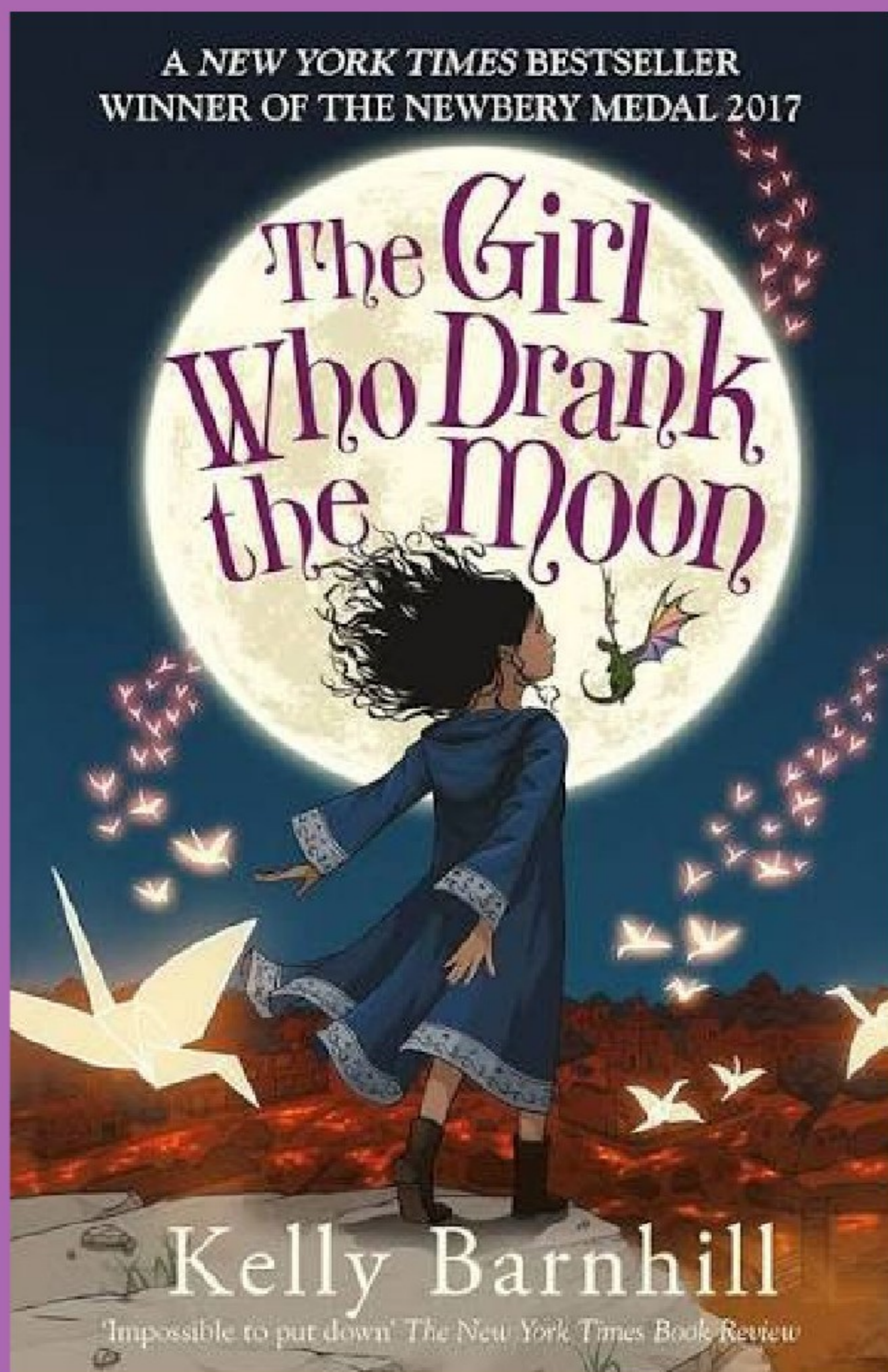


GOOD NEWS! YOU CAN FIND THE BOOK RAINBOW GIRLS IN OUR SCHOOL LIBRARY!

ANA BOOK CLUB



PRIMARY SECTION



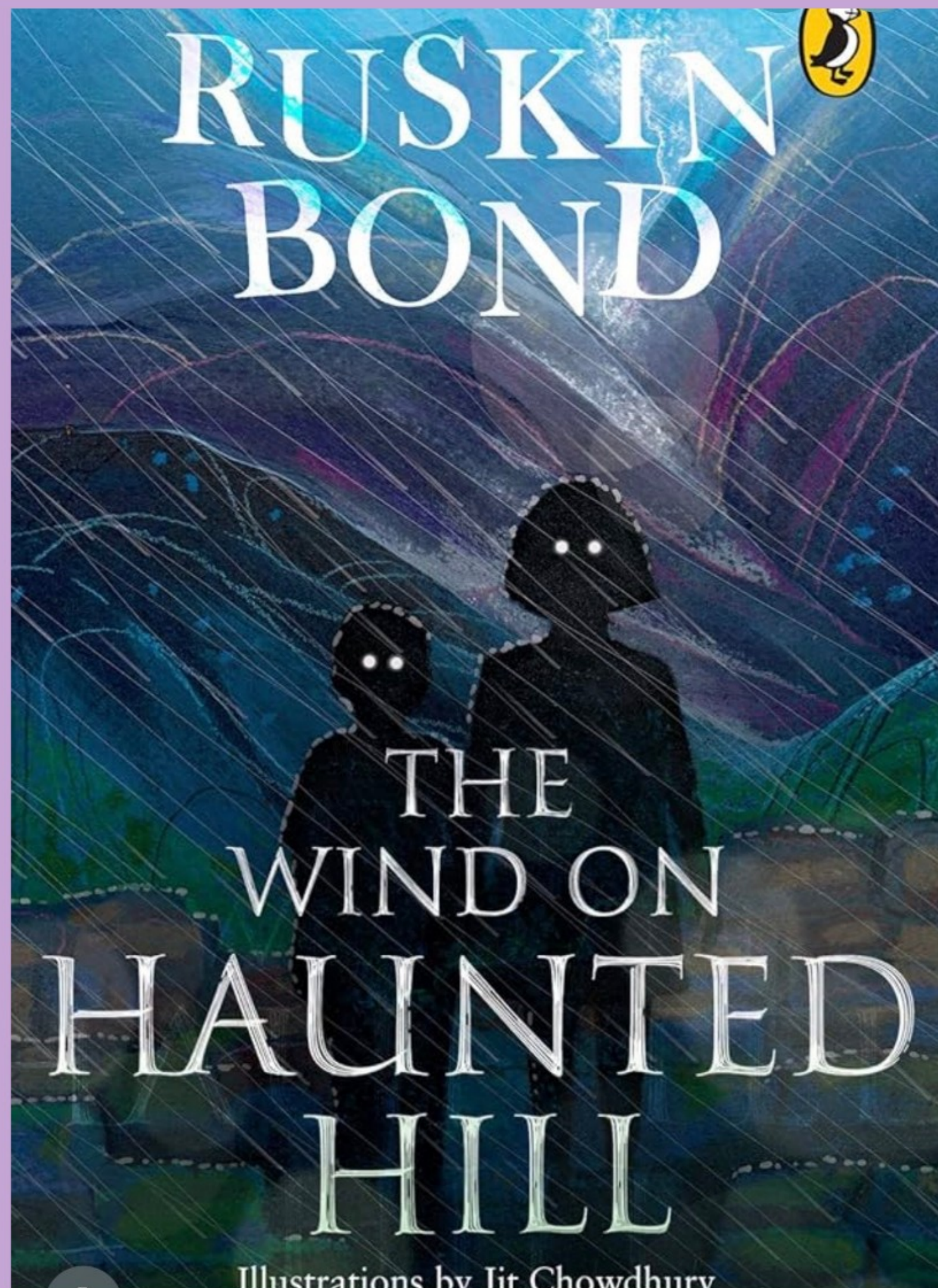
Every year, a town leaves a baby as an offering to a "witch" in the forest. But the witch, Xan, is actually kind! She rescues the babies and finds them homes. One day, she accidentally feeds a baby moonlight instead of starlight, giving the girl—Luna—magical powers. Xan decides to raise Luna herself, alongside a tiny Dragon and a wise Swamp Monster.

- **Pure Magic:** It feels like a classic fairy tale but with a modern, exciting twist.
- **Amazing Creatures:** You'll love Pirlan, the giant monster who thinks he's tiny, and Fyrian, the dragon who thinks he's a giant.
- **Deep Meaning:** It's a beautiful story about the power of love, memory, and finding where you belong.

**AVAILABLE NOW IN OUR SCHOOL LIBRARY – COME
PICK YOUR FAVOURITE STORY TODAY!**

ANA BOOK CLUB

SECONDARY SECTION



Ruskin Bond's *The Wind on Haunted Hill* is a charming, short children's chapter book (approx. 32 pages) perfect for ages 7-10, focusing on 10-year-old Usha's brave journey through a stormy night. It blends atmospheric, gentle suspense with themes of courage and friendship.

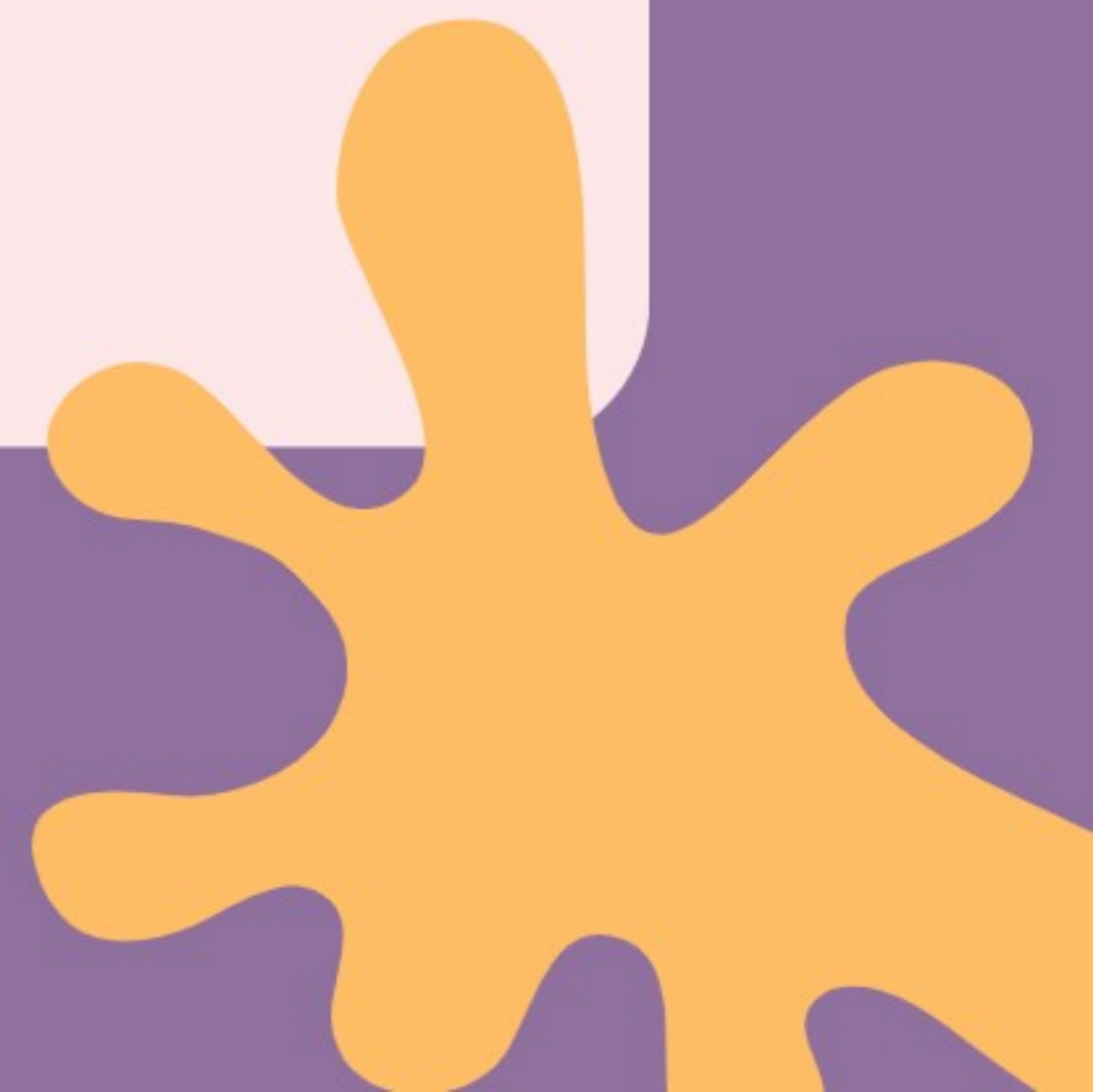
AVAILABLE IN OUR SCHOOL LIBRARY.

Art Corner



Saachi Desai

Grade : 2 A

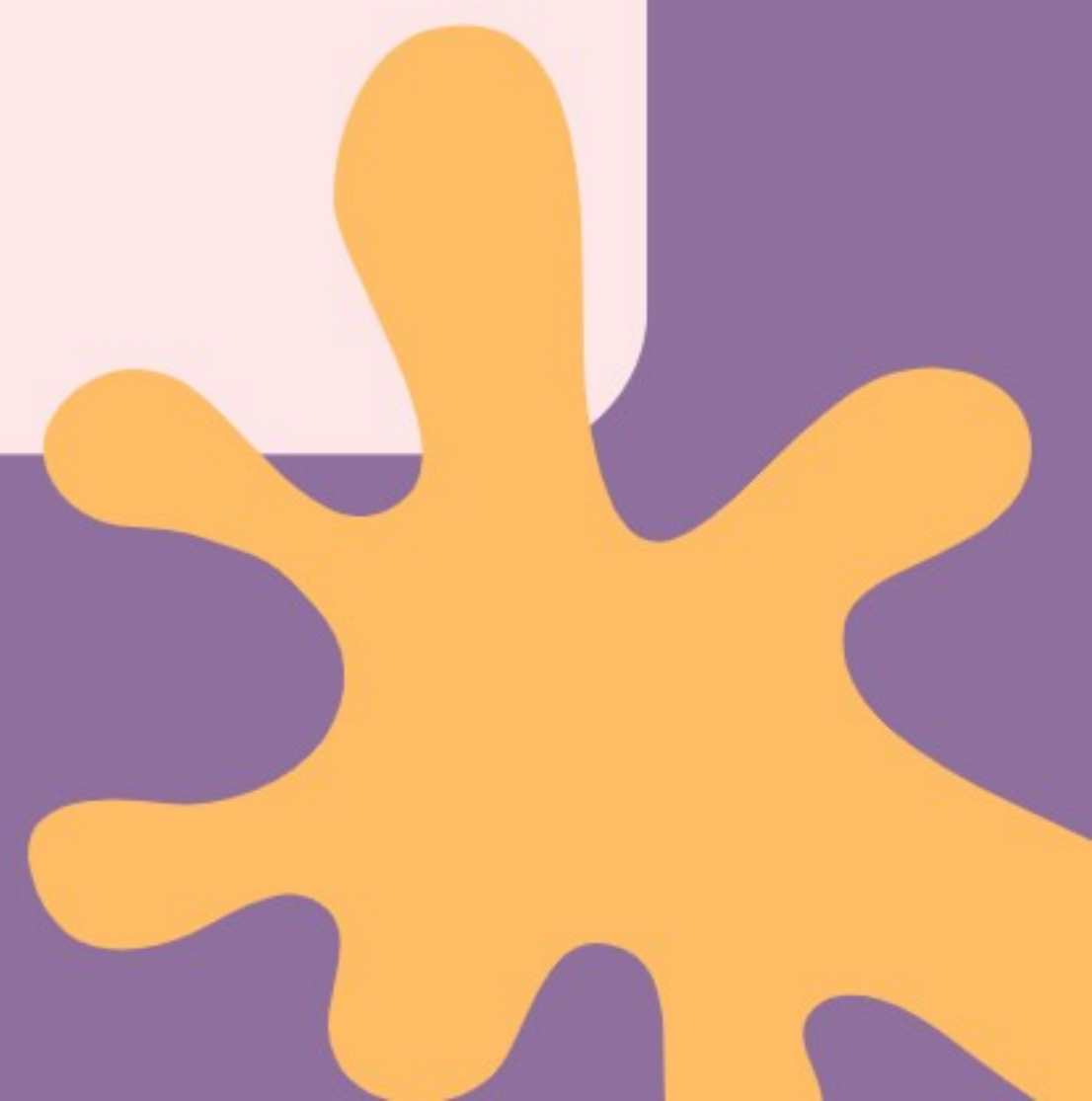


Art Corner



Heer Dedhia

Grade : 5 E

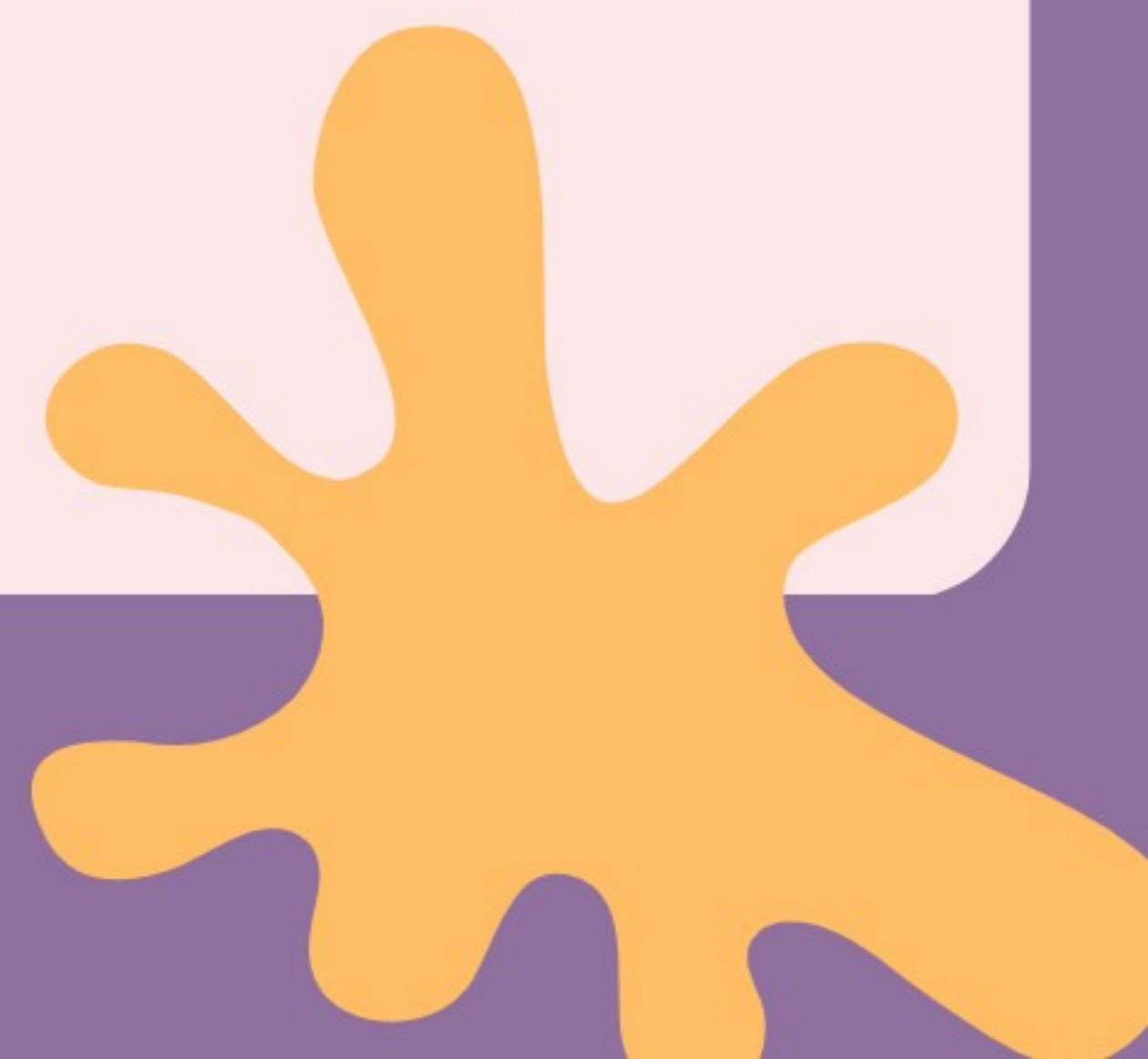


Art Corner



Jeet Makhwana

Grade: 5 C

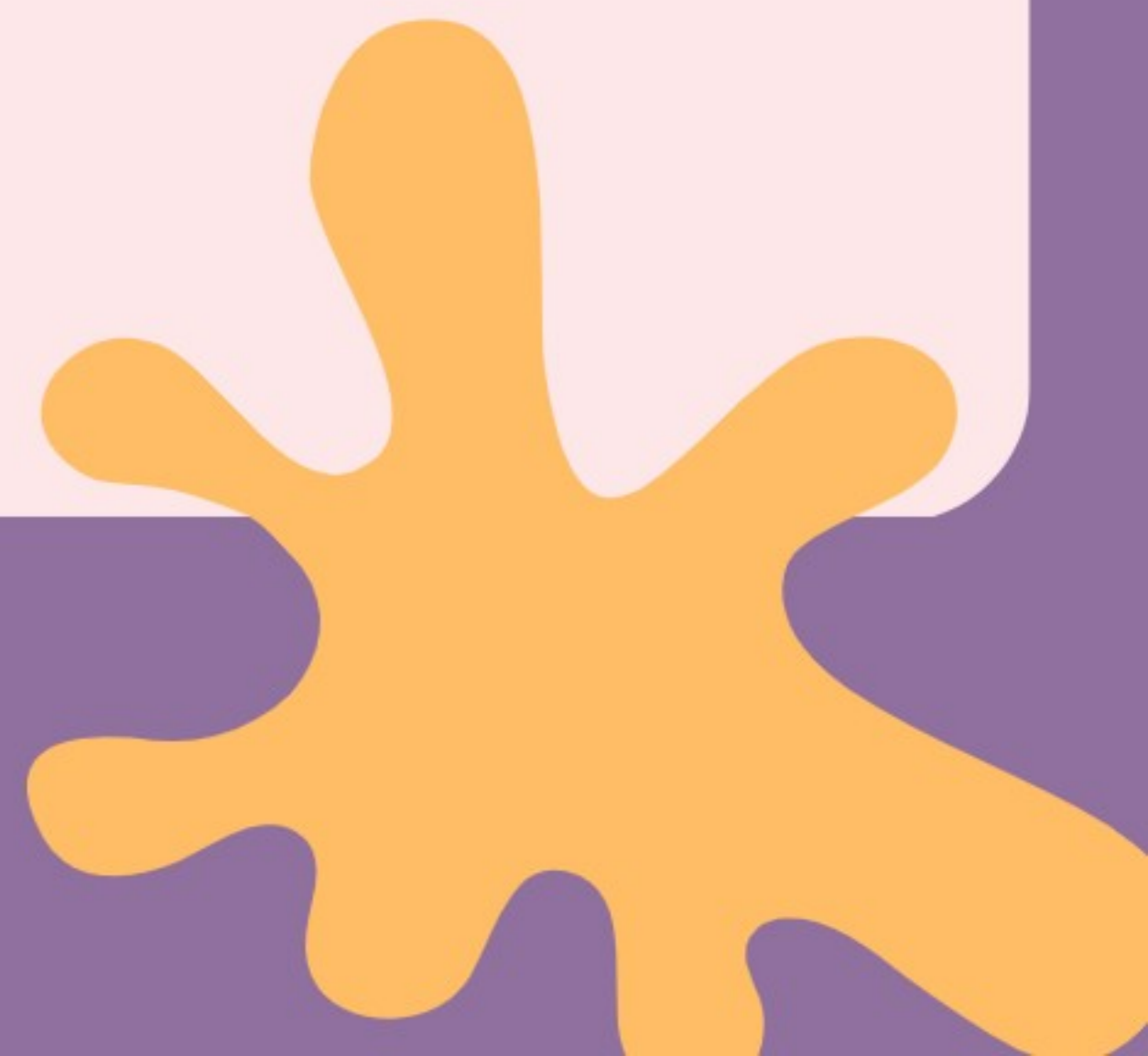


Art Corner



Shubham Kabra

Grade: 2 A

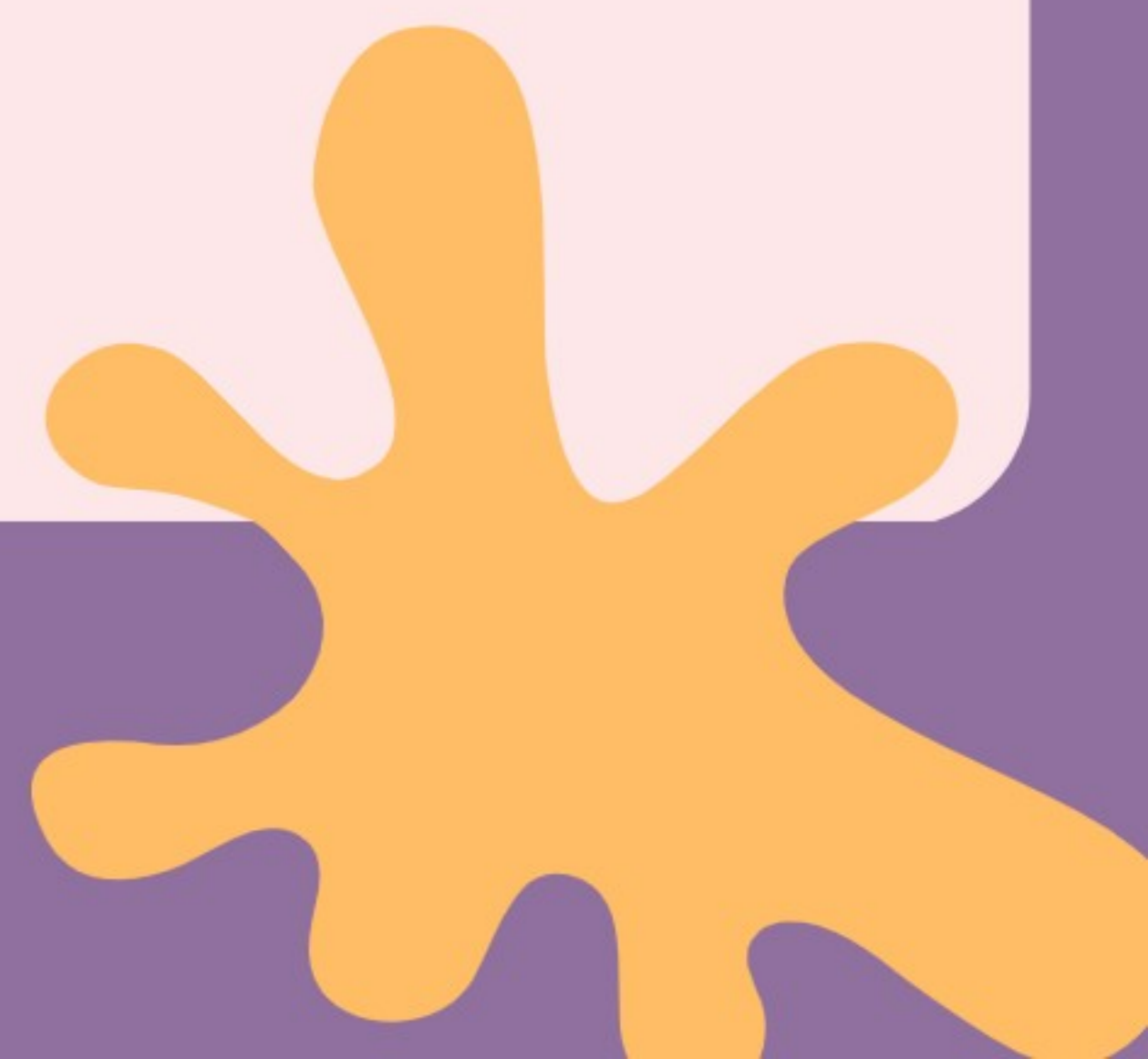


Art Corner



Oodita Dedhia

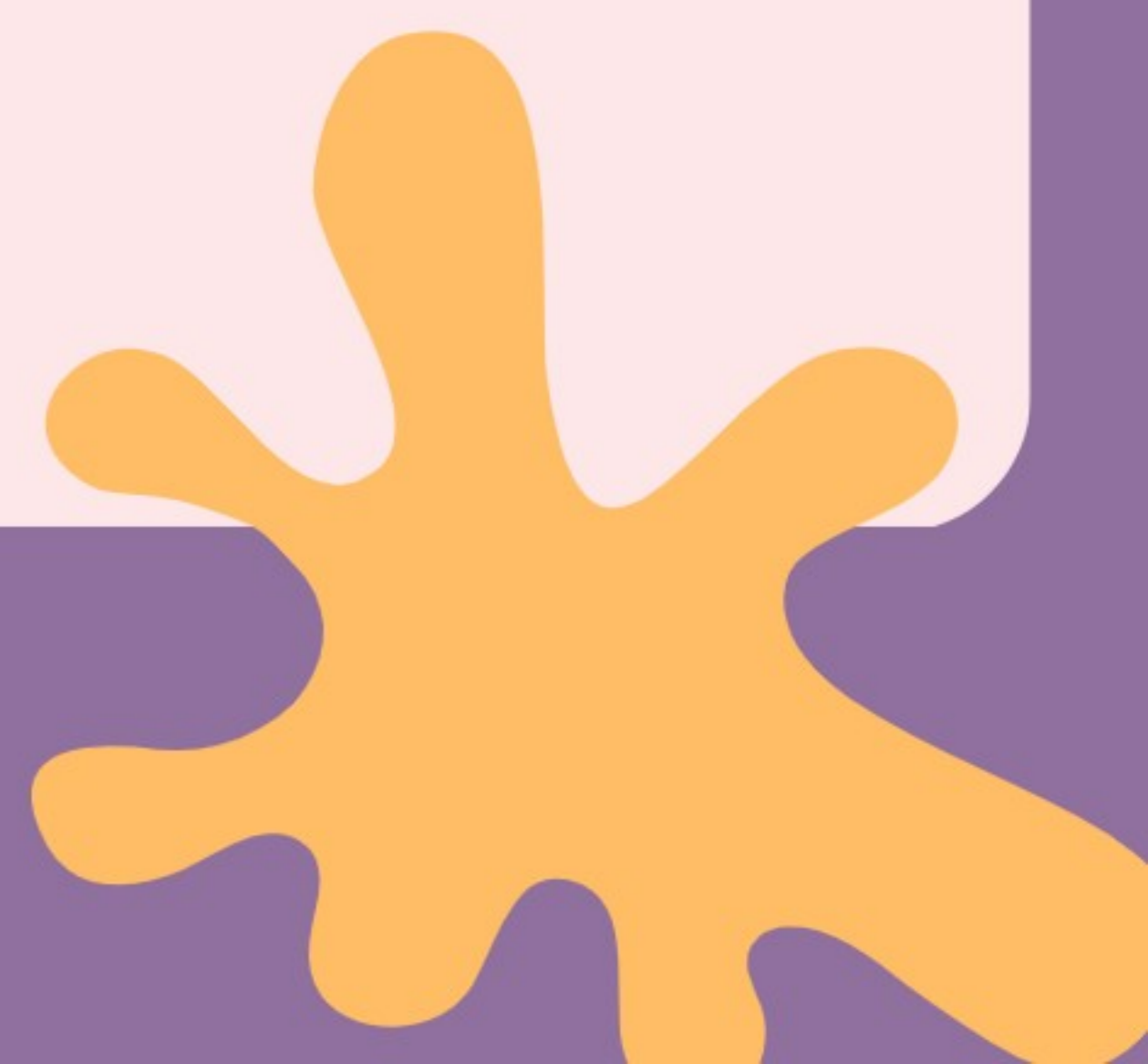
Grade : 2 A



Art Corner



Jeeval Shah
Grade : 2 A

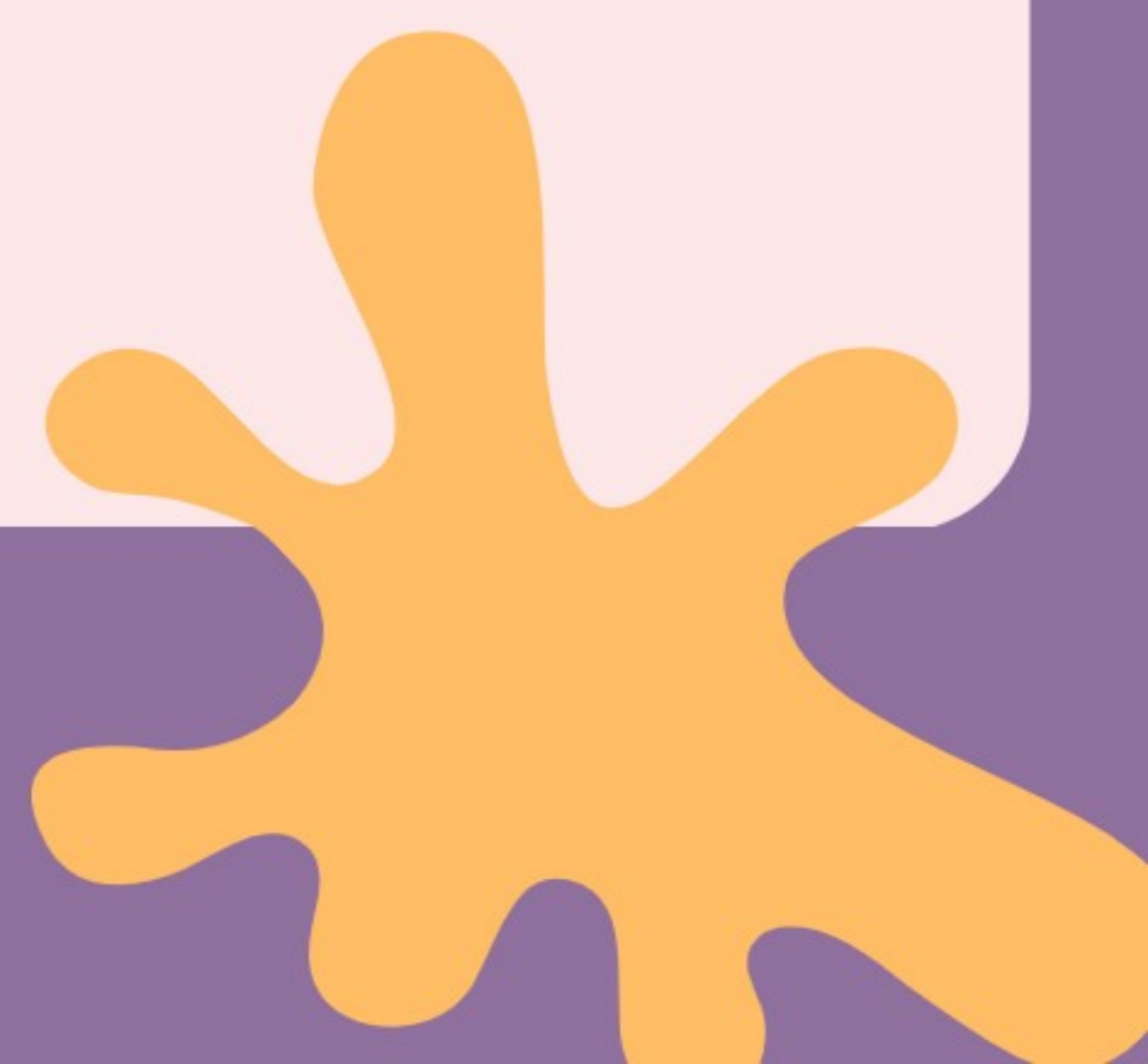


Art Corner



Khwaish Shah

Grade : 5 E



Activity Alley

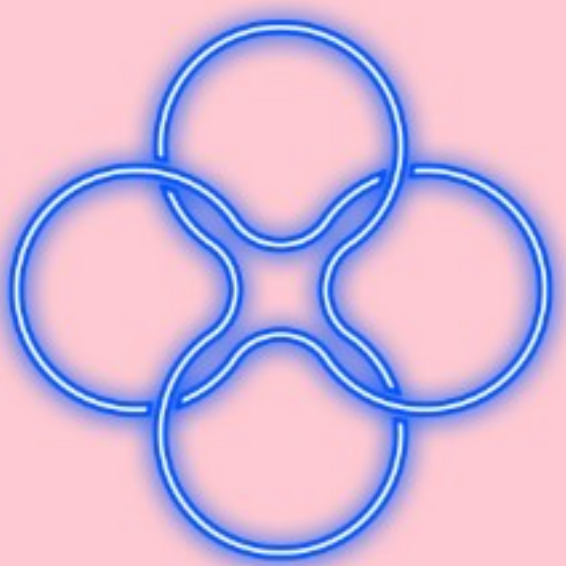


“Little hands, big creativity—every cut shapes a new idea.”



“When children create together, imagination becomes their favorite classroom.”

Different pieces, one beautiful creation.”



Activity Alley



“With the glow of a torch, little learners discovered how light brings day and darkness brings night.”



With every fold, children discover how the bright sun turns into the calm moon.”

“Through hands-on activities, little learners discovered how day turns into night.”

Activity Alley



“Little hands cutting with care, learning patterns and sequences everywhere.”



“When children explore with curiosity, even the simplest activity turns into a journey of discovery.”

“Step by step, little learners turn simple tasks into big discoveries.”

Eventful Moments!

Pre - Primary Section Science Fiesta JR. KG



Eventful Moments!

Pre - Primary Section Science Fiesta SR. KG

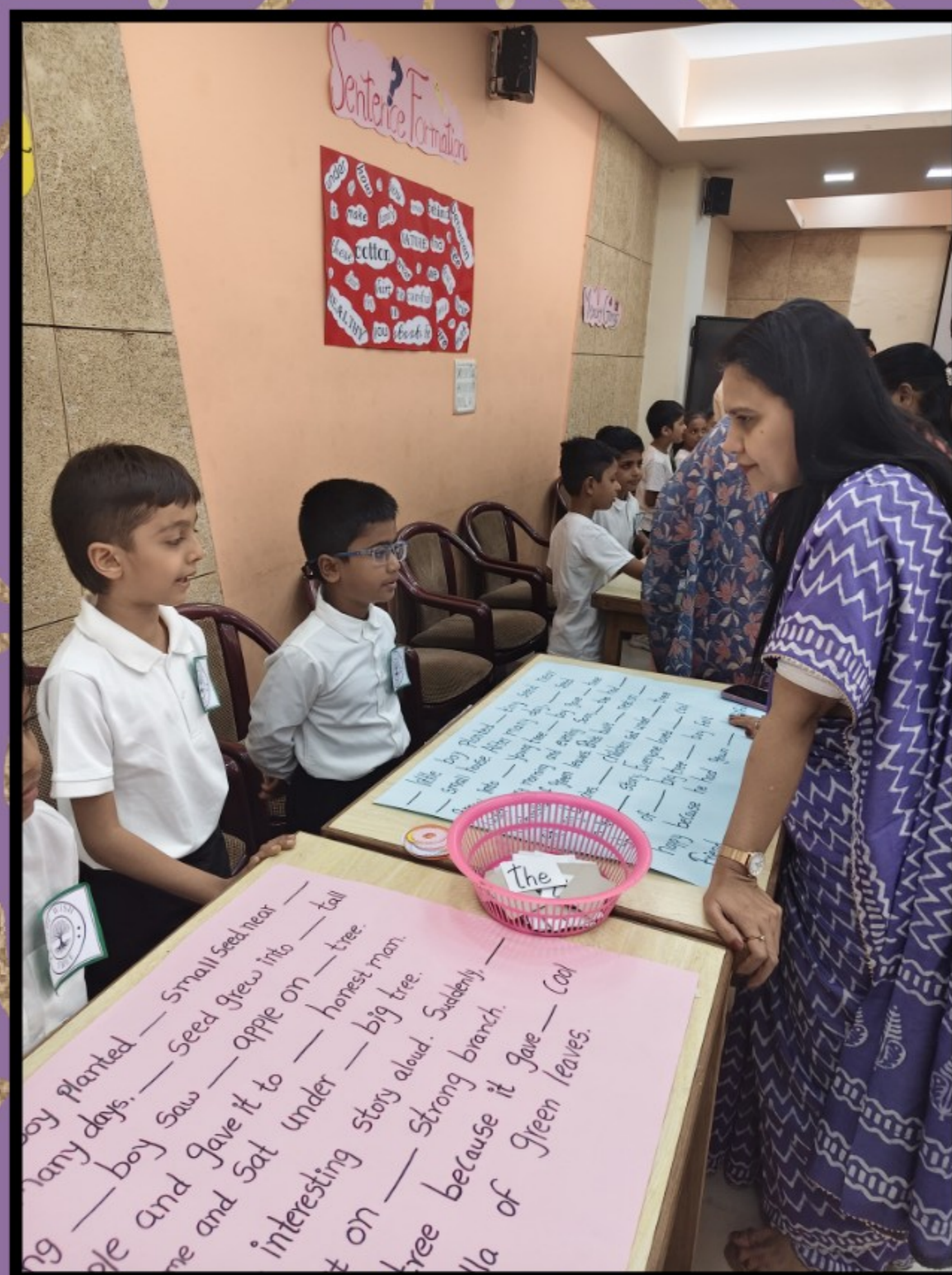


Eventful Moments!

Primary Section

Litterae

Grade 1



Eventful Moments!

Primary Section

Litterae

Grade 2



Eventful Moments!

Primary Section

Litterae

Grade 3



Eventful Moments!

Primary Section Litterae Grade 4



Eventful Moments!

Secondary Section

Litterae

Grade 5



Eventful Moments!

Primary Section Grade 5 Farewell



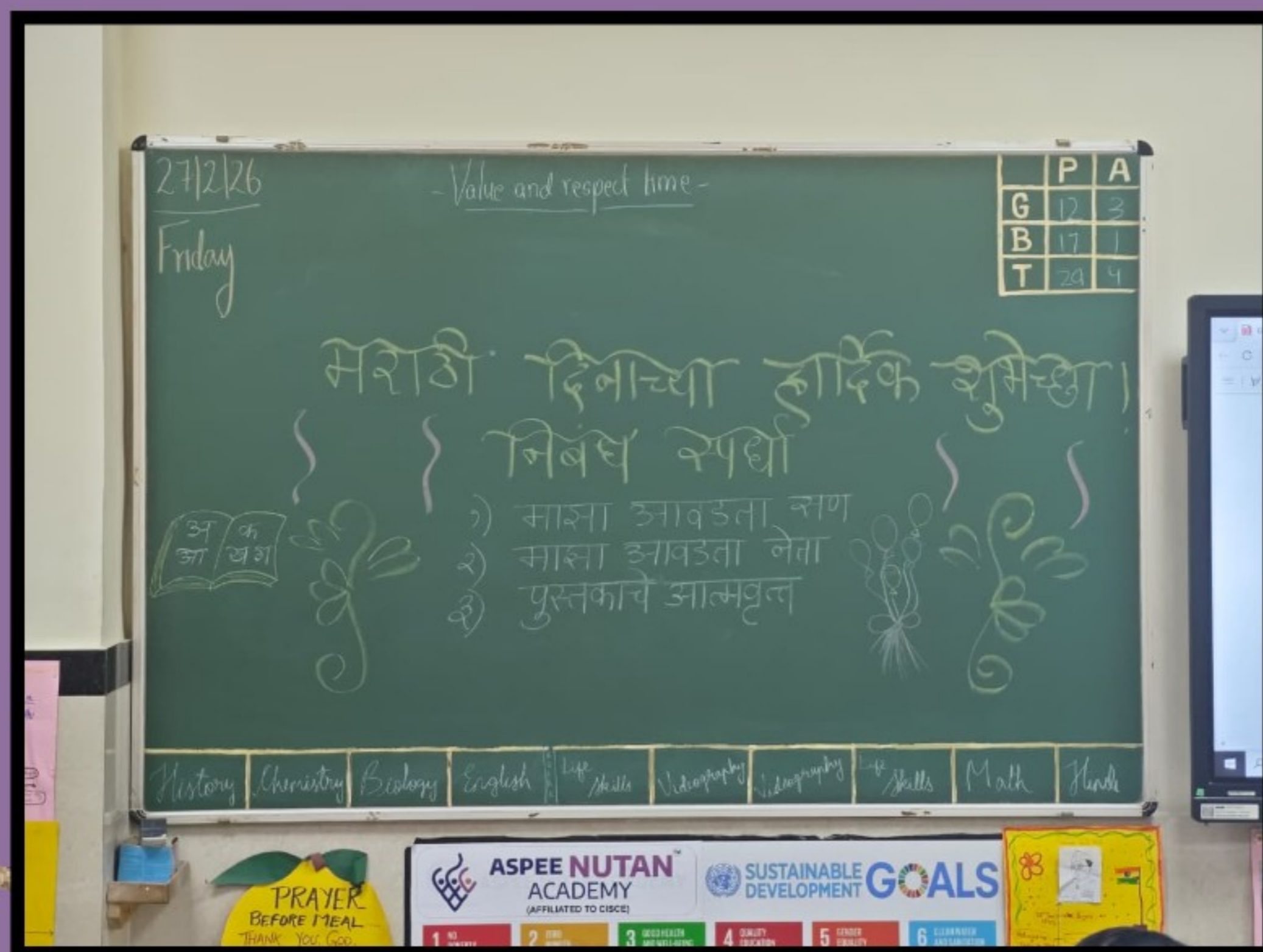
Eventful Moments!

Secondary Section Grade 7 Litterae



Eventful Moments!

Secondary Section Marathi Divas Celebration



Eventful Moments!

Secondary Section Grade 6 Litterae





Thank You