



ASPEE NUTAN[®]
ACADEMY
(AFFILIATED TO CISCE)

SCHOOL NEWSLETTER

EXPRESSIONS

*Every achievement has a story.
Every story finds its expression.*

June, 2026



*A glimpse into the vibrant life of
our school.*

MEET OUR TEAM



MEET OUR PRINCIPAL

MRS. ADITA DOGRA

We are delighted to welcome Ms. Adita Dogra as the new Principal of our school. With over three decades of experience in the field of education, she brings a wealth of knowledge, insight, and a steadfast commitment to excellence.



Believing that change is the only constant, Mrs. Dogra embraces progress with confidence and purpose. Her leadership reflects a vision that values innovation, collaboration, and continuous improvement; qualities that inspire both educators and students to reach their fullest potential.

Strong leadership is the cornerstone of a thriving school. It shapes the culture of the institution, strengthens relationships, empowers teachers, and creates an environment where students feel inspired to learn, grow, and succeed. A leader's vision influences not only academic excellence but also the values, character, and sense of community that define a school. Under Ms. Dogra's guidance, we look forward to a future marked by shared purpose, meaningful learning, and a vibrant school community where every individual is encouraged to flourish.

BEYOND THE CLASSROOM

A Remarkable young Artist



Dhruvi Nikunj Dudhara

Dhruvi Nikunj Dudhara has made us all proud by receiving the Best Imagination & Creativity Award at the **SAFEX Sports Art Competition 2026.**

With her colourful imagination, creative ideas, and love for art, Dhruvi has shown that hard work and passion can create something truly special. Her wonderful achievement reflects her dedication, originality, and artistic talent. Congratulations, Dhruvi! May you continue to dream big, create beautiful masterpieces, and shine brightly in all your future artistic adventures. 🎨 ✨

INDIA'S HIDDEN GEMS !

Kinnaur, Himachal Pradesh - Carnival of Fairy



The festival marks a symbolic farewell to the Saunis as spring approaches and winter ends. Celebrated usually the day after Holi (mid-March) for about 5 days, villagers from Kalpa, Sangla, and surrounding tribal communities gather at the Nagin Narayan Temple to dance, sing, and offer thanks. The festival features distinctive customs where Men dressed as a symbolic bride and groom (both male, called Raula and Raulane) wearing masks and heavy Kinnauri woollen robes faces remain completely wrapped in thick Kinnauri woolens a slow, devotional dance performed at Nagin Narayan temple.

KINNAUR |

In the snow-kissed Himalayan valleys of Kinnaur, Himachal Pradesh, locals celebrate a 5,000 Year Old Tribute to Winter Fairies the ancient Raulane Festival—a sacred tradition rooted in folklore and spirituality that honors celestial beings known as Saunis (or Sauni fairies).

These mystical mountain spirits are believed to descend from heaven during winter to protect villagers, their crops, livestock, and homes from the harsh Himalayan frost.



CULTURE on A PLATE



Kimchi

Kimchi is a traditional Korean dish made from fermented vegetables, usually cabbage and radish, seasoned with spices. It is known for its tangy, spicy flavour.



- Kimchi has been part of Korean cuisine for over 2,000 years.
- It was originally created to preserve vegetables during the long, cold winters, ensuring families had nutritious food year-round.
- Every year, families and neighbours come together for Kimjang, a traditional event where large batches of kimchi are prepared and shared.
- Kimchi is served with almost every Korean meal.



- Kimchi is packed with vitamins, fiber, and beneficial probiotics, and is often called a natural superfood that supports good digestion and overall health.
- Today, kimchi is loved around the world and has become one of South Korea's most famous and celebrated foods.



STUDENT DIARIES

A Summer Adventure in Singapore



This summer vacation, I had the wonderful opportunity to visit Singapore, and it became one of the most memorable trips of my life. Every day was filled with exciting adventures and new experiences.

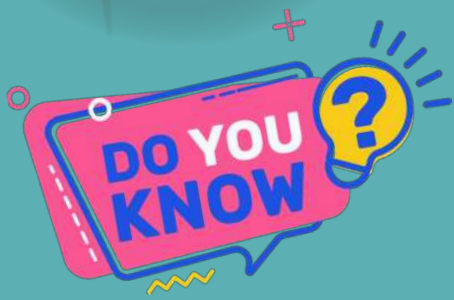
Our journey began with the Night Safari at Mandai Wildlife Reserve, where seeing animals in their nighttime habitats was truly fascinating.

We also visited Marina Bay Sands and Gardens by the Bay, where the dazzling skyline, colourful flowers, and glowing Supertrees created a magical atmosphere.

One of the best parts of the trip was Universal Studios Singapore. The thrilling rides and exciting attractions made it unforgettable. As a Harry Potter fan, I especially enjoyed visiting the Harry Potter exhibition. I also explored a science museum with interactive exhibits that made learning fun.

Before returning home, I shopped for chocolates and souvenirs and spent time at the beautiful Changi Airport. As I flew back, I felt grateful for the amazing memories, exciting adventures, and the chance to experience a new culture. My trip to Singapore is one I will always cherish.

AI IN EVERYDAY LIFE!



YouTube uses AI



Personalised Recommendations

AI learns from the videos you watch, like, and search for. It then suggests videos you might enjoy.

Smarter Search

When you search for something, AI helps find the most relevant videos by understanding your keywords and interests.

Safer Viewing

AI helps detect and remove spam, harmful content, and inappropriate comments to create a safer online experience.

Automatic Captions & Translation

AI can generate captions and even translate them into different languages, making videos accessible to more people.

Meet Our Alumni



As an introverted and shy student, I never imagined myself speaking on stage or performing in front of an audience. But my teachers saw potential in me that I couldn't see in myself. They encouraged me to participate in elocution competitions, theatre, and drama, constantly pushing me beyond my comfort zone.

Looking back, I am incredibly grateful for their faith, guidance, and encouragement. Those experiences not only helped me become more confident but also shaped the person I am today. Even in my professional life, I find myself speaking up in meetings, sharing my thoughts with colleagues and managers, and embracing opportunities that once would have intimidated me.

I truly miss those days, the unwavering support of my teachers, and the environment that nurtured my growth. Their belief in me left a lasting impact, and I will always be grateful to my school for giving me memories and lessons that I carry with me every day.

-Nishita Limbachiya



Teacher's corner



THE CASE OF AARAV'S "MISSING BRAIN"



Mr. Sagar Jani
Secondary Teacher

One morning, I announced a surprise revision quiz in my Grade 8 class. The moment I said "quiz," Aarav dramatically held his head and exclaimed, "Sir, I think I forgot my brain at home today!"

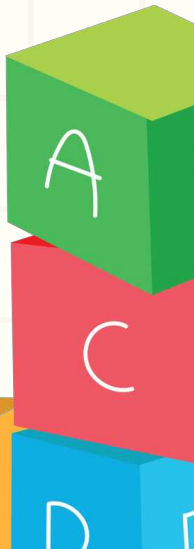
The class burst into laughter. Smiling, I asked, "Then who reminded you to wear your uniform, pack your bag, and come to school?" Aarav grinned and replied, "Maybe my brain came till school, Sir... but it switched off before your class!"

Everyone laughed again, and I used the moment to explain that our brain never really switches off. Even while we sleep, it controls our heartbeat, breathing, memories, and dreams. Forgetting an answer doesn't mean the brain isn't working—it simply means we need better attention, revision, proper sleep, and healthy habits.

By the end, Aarav laughed and said, "So my brain wasn't missing after all... it was just reminding me that I should have revised yesterday!"

Sometimes, the funniest classroom moments become the best learning experiences.

Moral: Your brain never takes a holiday. The more you use it, challenge it, and care for it, the better it works for you.



ACT OF KINDNESS

"WE SHOULD ALWAYS HELP OTHERS"



YAMI MANIAR
V-D

It was raining cats and dogs when sisters Jenny and Rita were returning home from school. Passing the park, they heard a faint cry and saw a tiny puppy shivering, drenched, raindrops hitting its fur like tiny bullets.

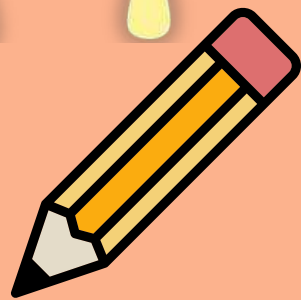
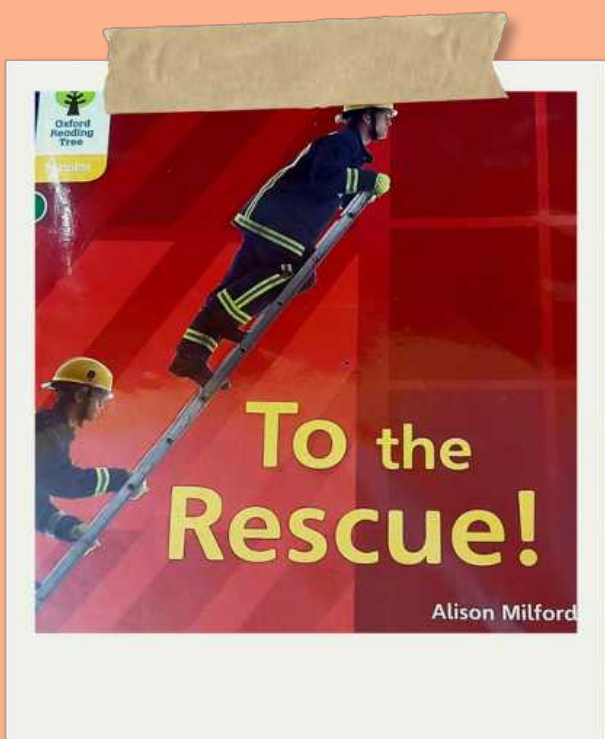
Their hearts ached, so they picked it up and carried it home. They dried it, gave it warm milk, and soon its tail wagged happily before it curled up on a soft mat, the room glowing with kindness.

Next morning, they searched for the puppy's mother, who came running joyfully. The two dogs licked each other lovingly. Though sad to part, the girls felt proud, their mother smiled, "A good deed is never wasted." Kind hearts truly do great things.



ANA BOOK CLUB

Pre-Primary Section



Find out how
rescue crews save
people and animals
on the land, in the
air and in the sea.

To the Rescue!! Introduces children
to different rescue ways while
building vocabulary and early
reading skills through fun and
engaging narrative.

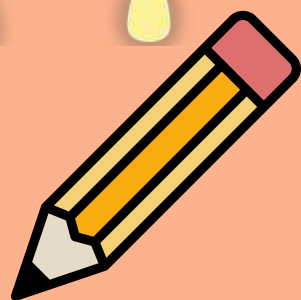
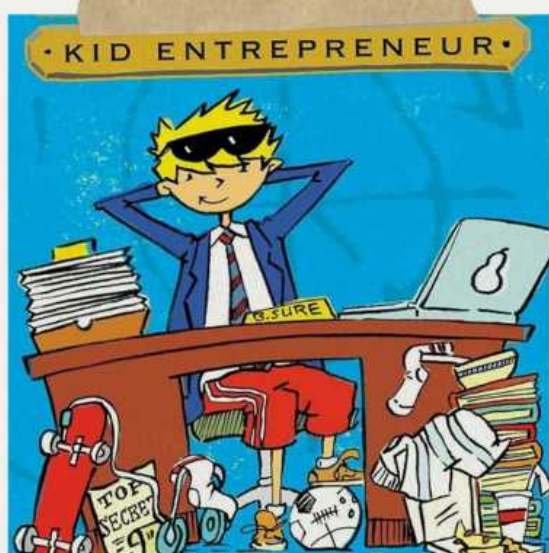
✨ **GOOD NEWS! YOU CAN FIND THE BOOK TO
THE RESCUE AT OUR SCHOOL LIBRARY!**





ANA BOOK CLUB

Primary Section



Billy Sure

Twelve-year-old Billy Sure becomes an overnight millionaire after inventing the "All Ball"—a single gadget that transforms into any sports ball at the press of a button. Suddenly, he is balancing seventh-grade algebra with running a global empire alongside his best friend, launching a worldwide contest to fund other wild kid-inventions.

It is a must-read because it brings the ultimate "what if" childhood dream to life with the hilarious, fast-paced energy of Diary of a Wimpy Kid. It is an addictive, illustrated adventure that will leave you feeling completely energized and inspired to unlock your own big ideas.

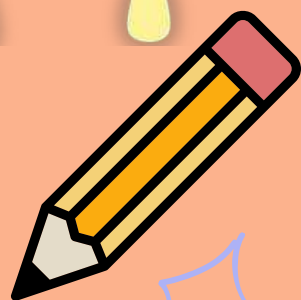
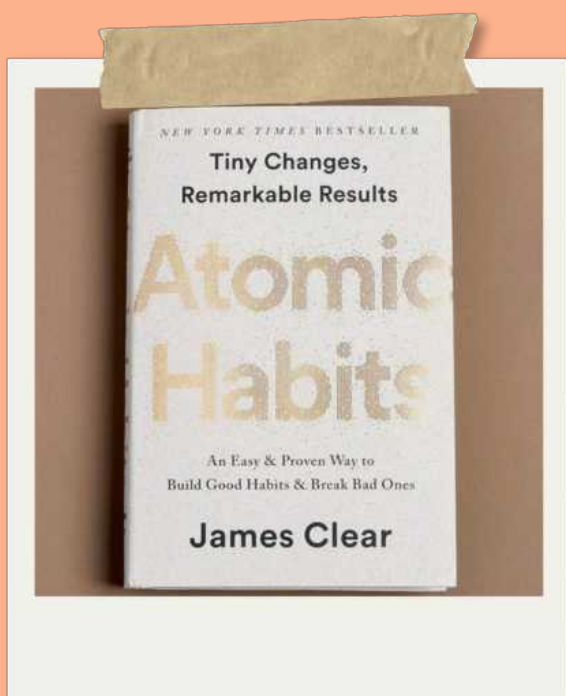
AVAILABLE NOW IN OUR SCHOOL LIBRARY – COME PICK YOUR FAVOURITE STORY TODAY!  





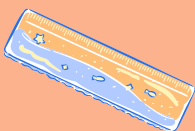
ANA BOOK CLUB

Secondary Section



James Clear's Atomic Habits is a definitive guide to building good habits and breaking bad ones through small, daily, 1% improvements. It argues that true transformation comes from focusing on your overall systems rather than just setting rigid goals, and requires shifting your fundamental identity.

AVAILABLE IN OUR SCHOOL LIBRARY.



Our Star ACHIEVERS!



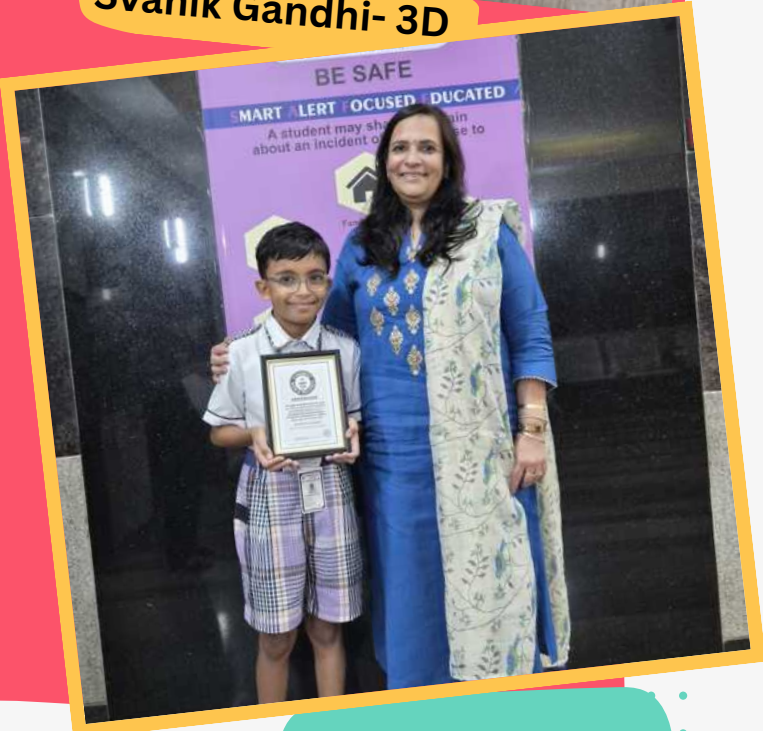
Hiya Zaveri -4B



Svanik Gandhi- 3D



Daisha Sanghani



Akshar Chawda- 5C

ART CORNER



Rashi Solanki
Grade : 5 A

ART CORNER



Shivansh Mehta
Grade : 5 D

ART CORNER



Shivansh Mehta
Grade : 5 D

ART CORNER



Yami Maniar
Grade : 5 D

ART CORNER



Khanak Parekh
Grade : 2 C

ACTIVITY ALLEY



Mud Day was filled with messy fun, joyful exploration, and hands-on learning through play.

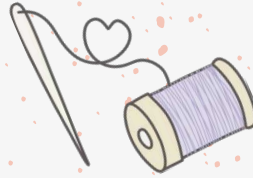


"Tiny hands, muddy feet, and endless smiles"

"Small songs, happy hearts, and magical moments!"



ACTIVITY ALLEY



“Casting votes for positive change”

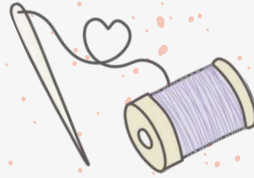


“Together in yoga, together in wellness”

“Future innovators at work right here.”



ACTIVITY ALLEY



International Yoga Day- Finding balance both on and off the mat.

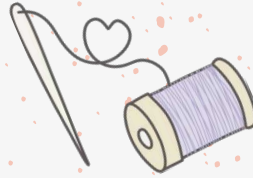


RF21 (Ready for the 21st Century)

“Hands-on learning is the best learning.”



ACTIVITY ALLEY



ACE (Accelerate Your Competitive Edge)

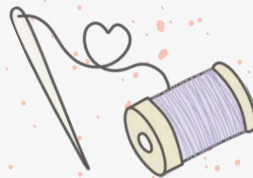


ACE Day celebrated confidence, talent, and the spirit of healthy competition.

“Hands-on learning is the best learning.”



ACTIVITY ALLEY



“Finding balance both on and off the mat.”



“Brighter colors, brighter ideas.”

“Hands-on learning is the best learning.”



EVENTFUL MOMENTS!

PRIMARY SECTION

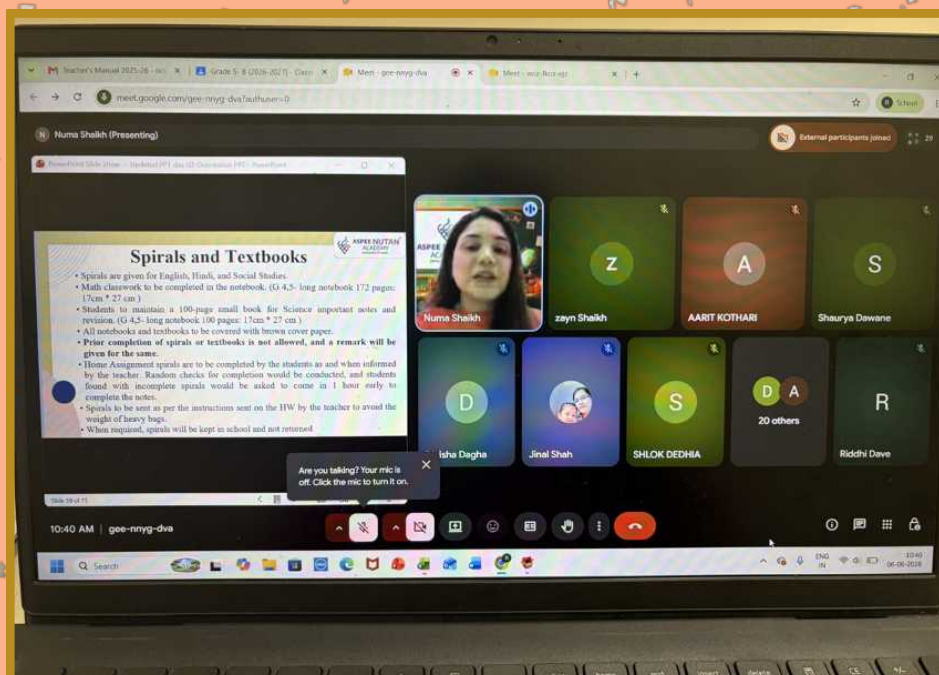
Grade 1 Orientation



EVENTFUL MOMENTS!

PRIMARY SECTION

Online Orientation Grades 2, 3, 4 and 5



EVENTFUL MOMENTS!

PRIMARY SECTION

First Day of School



EVENTFUL MOMENTS!

SECONDARY SECTION

Coffee with Principal Ma'am!



EVENTFUL MOMENTS!

PRIMARY SECTION *Yoga Day*



EVENTFUL MOMENTS!

PRIMARY SECTION

Form Filling - Student council elections



EVENTFUL MOMENTS!

PRIMARY SECTION

Canvassing



EVENTFUL MOMENTS!

PRIMARY SECTION *Investiture Ceremony*



EVENTFUL MOMENTS!

PRIMARY SECTION *Investiture Ceremony*



EVENTFUL MOMENTS!

SECONDARY SECTION

Investiture Ceremony



EVENTFUL MOMENTS!

PRIMARY SECTION

Bus Drill



EVENTFUL MOMENTS!

PRIMARY & SECONDARY SECTION
PTA





ASPEE NUTAN[®]
ACADEMY
(AFFILIATED TO CISCE)

AND THAT IS A WRAP ON THIS EDITION!

*See you in the next edition of our
updates.* 😊

~EXPRESSIONS

